

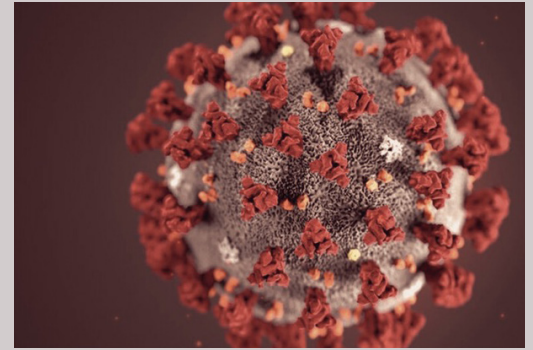
# Cleaning after COVID-19

## Cleaning and Disinfection are different.

- **Cleaning** removes germs, dirt, and impurities.
- Cleaning does not kill germs but lowers the risk of spreading infection.
- Dirty surfaces should be first cleaned using a detergent or soap and water.
- **Disinfecting** uses chemicals to kill germs on surfaces.
- When disinfecting, only use approved disinfectants or bleach solution.
- **Disinfectants work better on clean surfaces.**

## Protecting Yourself When Cleaning

- **Close off the suspected area and wait as long as practical before beginning cleaning and disinfection.**
- **Open outside doors and windows to increase air circulation in the area.** If possible, wait up to 24 hours before beginning cleaning and disinfection.
- **Wear disposable gloves for all tasks in the cleaning process, including handling trash.** Gloves should be compatible with the disinfectant products being used.
- Additional protective equipment might be required based on the cleaning/disinfectant products being used.
- Always follow manufacturer's instructions for all disinfectants used.
- **Cleaning staff should immediately report breaches in PPE (e.g., tear in gloves) or any potential exposures to their supervisor.**
- A surgical or medical style mask will not protect you from chemicals.
- If bleach solutions are used, make sure the bleach hasn't passed the expiration date. **Never mix bleach and ammonia.**



## Coronavirus and COVID-19

- Coronavirus are a large group of viruses that can infect both humans and animals.
- SARS-Cov-2 is the actual name of the specific strain of the coronavirus in the news now.
- Primarily spread through respiratory droplets when an infected person coughs or sneezes.
- **Person-to-Person Contact is the Primary mode of transmission.** (less than 6 feet from infected individuals)
- It also may be possible to get COVID-19 by touching a surface or object that has the virus on it.
- The virus may remain active on smooth surfaces for hours to up to 3 days.
- People are most contagious when they are most symptomatic (the sickest).
- Some spread might be possible before people show symptoms.

