

We're Freezin' for a Reason!



**POLAR
PLUNGE**



Fishkill Polar Plunge

Benefiting Special Olympics New York

Saturday, Feb. 16, 2019 at 10 a.m.

Camp Mariah, Fishkill

Join your CSEA Southern Region 3 sisters and brothers in raising funds for Special Olympics New York by taking the plunge into the chilly waters at Camp Mariah. Pledges from your family, friends & co-workers will help fund athletic opportunities for the local athletes of Special Olympics. Participants raising \$100 and up will receive a Polar Plunge hooded sweatshirt, with the opportunity to win other prizes. For more info, please call our Region 3 Office at (845) 831-1000.

Sign up for our team (you can take the plunge or cheer us from shore) or make a team donation by visiting: <https://tinyurl.com/TeamCSEA2019>

For more info or to download pledge sheets and other resources, please visit: <https://cseany.org/r3>

Stay tuned for more info on a team fundraiser!

Billy Riccaldo, CSEA Southern Region President