



YOU BELONG AT THE Y

SAVE up to \$100

Join any of the participating YMCAs listed and
we'll waive the joiner's fee!

- Memberships can be activated and used at any/all participating YMCAs listed on the back.
- You must bring proof of CSEA membership, when you join, either by downloading your CSEA membership card on the "my CSEA" App or by contacting CSEA's Member Benefits Department at member.benefits@cseainc.org to request a notice of membership verification to present at the participating YMCA.
- Offer valid on all Young Adult, Adult, Family and Senior memberships.
- Members are responsible for paying the monthly balance due for their membership.



JOIN TODAY!

PARTICIPATING YMCAs

CAPITAL DISTRICT YMCA

Albany Branch

616 N. Pearl Street, Albany
518.463.9622

Bethlehem Branch

900 Delaware Avenue, Delmar
518.439.4394

Duanesburg Branch

221 Victoria Drive, Delanson
518.895.9500

Glenville Branch

127 Droms Road, Glenville
518.399.8118

Greenbush Branch

20 Community Way, East Greenbush
518.477.2570

Greene County

35 Route 81 Hope Plaza, W. Coxsackie
518.731.7529

Guilderland Branch

250 Winding Brook Drive, Guilderland
518.456.3634

Schenectady Branch

433 State Street, Schenectady
518.881.0117

Southern Saratoga Branch

1 Wall Street, Clifton Park
518.371.2139

Troy Branch

2500 21st Street, Troy
518.272.5900

AUBURN YMCA—WEIU

27 William Street, Auburn
315.253.5304

(There is no Joiner's Fee)

Skaneateles YMCA & Community Center

97 State Street, Skaneateles
315.685.2266

YMCA OF BROOME COUNTY

Binghamton YMCA

61 Susquehanna St, Binghamton
607.772.0560

West Family Branch YMCA

740 Main Street, Johnson City
607.770.9622

CORTLAND COUNTY FAMILY YMCA

22 Tompkins Street, Cortland
607.756.2893

(There is no Joiner's Fee)

GLOW YMCA

Genesee County YMCA

209 East Main Street, Batavia
585.344.1664

Orleans County YMCA

306 Pearl Street, Medina
585.798.2040

Wyoming County YMCA

115 Linwood Avenue, Warsaw
585.786.2880

YMCA OF ITHACA & TOMPKINS COUNTY

50 Graham Road, W, Ithaca
607.257.0101

YMCA OF KINGSTON & ULSTER COUNTY

507 Broadway, Kingston
845.338.3810

YMCA OF LONG ISLAND

Brookhaven Roe YMCA Center

155 Buckley Road, Holtsville
631.289.4440

Great South Bay YMCA

200 W. Main Street, Bay Shore
631.665.4255

YMCA OF MIDDLETOWN

YMCA of Middletown

81 Highland Avenue, Middletown
845.344.9622

South Orange Family YMCA

45 Gilbert Street Extension
Monroe, NY 10950
845.782.9622

YMCA of Sullivan County

98 Wild Turnpike
Rock Hill, NY 12775
845.395.1024

YMCA OF MOHAWK VALLEY

Mohawk Valley

83 East Main Street
315.866.6570

Little Falls YMCA

15 Jackson Street, Little Falls
315.823.1740

OSWEGO YMCA

265 W 1st Street, Oswego
315.342.6082

PLATTSBURGH YMCA

17 Oak Street, Plattsburgh
518.561.4290

SARATOGA REGIONAL YMCA

Battenkill Branch

184 Main Street, Greenwich
518.587.3110

Corinth Branch

119 Gabriel Road, Corinth
518.583.9697

Malta Branch

100 Saratoga Village Blvd. #22, Malta
518.583.9623

Saratoga Springs Branch

290 West Avenue, Saratoga Springs
518.583.9622

Wilton Branch

20 Old Gick Road, Saratoga Springs
518.587.3000

YMCA OF GREATER SYRACUSE

East Area Branch YMCA

200 Towne Drive, Fayetteville
315.637.2025

Downtown YMCA

340 Montgomery Street, Syracuse
315.474.6851

Manilus YMCA

140 W. Seneca Street, Manilus
315.692.4777

North Area Branch YMCA

4775 Wetzel Road, Liverpool
315.451.2562

Northwest Family YMCA

8040 River Road, Baldwinsville
315.303.5966

Southwest YMCA at OCC

4585 West Seneca Turnpike, Syracuse
315.498.2699

YMCA OF THE TWIN TIERS

Olean YMCA

1101 Wayne Street, Olean
716.373.2400

Wellsville YMCA

133 Bolivar Rd, Wellsville
585.593.3246