



HELPING YOU LIVE BETTER

The YMCA of Greater New York is pleased to offer CSEA members the opportunity to join any of our 22 YMCA branches located throughout New York City!

CSEA members are eligible to receive 15% off the monthly membership fee and 50% off the one-time Joiner's Fee*.

Membership at the YMCA means getting the support you need to achieve your health goals. Each member gets a **FREE** Y Fit Start 12-week program that includes monthly individualized sessions with a YMCA Fitness Coach. You'll get to take your favorite group exercise classes for **FREE** and get reduced rates on unlimited programs for the whole family**. Bring your kids because they are welcome to come and have fun in our Child Watch Center while you work out, another **FREE** service for members.

For more information, call or visit your neighborhood YMCA or visit ymcanyc.org



Please note that we offer several methods of payment, including a monthly bank/credit card draft system, or full payment via cash, check or credit cards. There are no contracts to sign. Membership fees vary by branch. *Proof of membership required. **Requires a family membership.