

**REGISTRATION INFORMATION**

**Statewide Conference on  
Occupational Safety and Health**

**UNION  
SAFE  
UNION  
STRONG**

**Saratoga Springs, New York  
April 17-19, 2020**

## TABLE OF CONTENTS

President Sullivan’s Letter.....	1
Secretary Berkley’s Registration Policy Letter .....	2
Treasurer Walsh’s Reimbursement Policy Memo .....	3
PEOPLE Cash Recruitment Awards Program .....	5
Tentative Agenda .....	6
How To Register.....	14

Hotel registration is available online at **<https://www.discoversaratoga.org/csea/>**

Conference registration is available online at **<https://cseany.org/event-registration>**



Mary E. Sullivan  
President  
Denise Berkley  
Secretary

Bill Walsh  
Treasurer

## Stay Union ★ Stay Strong

Sisters and Brothers:

At countless Workers Memorial Day observances, we've heard the phrase "**an injury to one is an injury to all.**" I've said it myself many times, and I truly believe it.

What we work hard to do is to prevent those injuries from happening in the first place. That's our goal when we advocate for "**Union Safe, Union Strong.**"

We **collectively** recognize that everyone has the basic right to go home at the end of their workday in the same condition as when they arrived.

We **collectively** take action to do our best to identify and eliminate hazards, to minimize risk to workers, and work hard to ensure our workplaces remain safe and healthy for all of us, not just our coworkers, but the people from our communities who come into our workplaces – whether that's an office space, a roadside work zone, a landfill, a school building, a county jail, a healthcare facility, or anyplace else we work.

It's a constant challenge, because when it comes to safety, people in power often want to take shortcuts to save money. Perhaps they forgot Mr. Ben Franklin's saying that "an ounce of prevention is worth a pound of cure."

So **it's up to us to be even more powerful advocates for safety and health** in our workplaces. It's something we do really well, and something so many of you are passionate about. It's why every two years we come together to focus on workplace safety and health issues and training, and it's why I hope you'll attend our upcoming conference, especially if you've never been before.

This year's Conference on Occupational Safety and Health Conference will be held on **April 17-19** in **Saratoga Springs** (our first time in this location). We will collectively share information, resources, ideas and best practices to make ourselves even stronger safety advocates. We are hoping for more than 1,000 activists to come together for this exciting skill-building and empowering event.

To encourage newer safety activists to attend, we're also holding a contest to see which Local can bring in the highest number of first-time attendees per capita. Please make an effort to bring your members to this conference who have not attended in the past. It will make us even stronger!

I hope you will join us for what promises to be an informative and engaging conference. **Together, we will become even more Union Safe, Union Strong!**

In solidarity,

A handwritten signature in cursive script that reads "Mary".

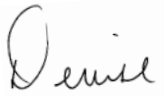
Mary E. Sullivan, President

cc: CSEA Officers  
Region, Local and Unit Secretaries

**CSEA**  
**LOCAL 1000 – AFSCME – AFL-CIO**  
**143 Washington Avenue, Albany, New York 12210**

**M E M O R A N D U M**

**To:** Local and Unit Presidents

**From:** Denise Berkley, Statewide Secretary 

**Date:** January 2020

**RE: Registration for Conference on Occupational Safety & Health  
April 17 – 19, 2020, Saratoga Springs, New York**

It is time to register for the 2020 Statewide Conference on Occupational Safety & Health.

We are continuing our new registration procedure to ensure that everyone who registers for a program has a seat in their chosen program. In order to accomplish this, registration is available online at <https://cseany.org/event-registration>.

There will be no paper registration, but assistance will be available for anyone who does not have access to a computer, smart phone or tablet for personal use.

The Region and Satellite offices will be available during business hours to lend equipment and assistance for registration. For anyone without access to a computer, smart phone, tablet or to a Region or Satellite office, a help line will be available by calling CSEA between the hours of 9:00 a.m. and 4:00 p.m. at 518-257-1214, or toll free at 800-342-4146 and pressing 1214 from a touch-tone phone.

Registration is to be completed by March 9, 2020.

Registration confirmation to be presented at the conference registration will be immediately available for printing for all online registrants – no postcard will be sent. Please be prepared to show photo ID.

Any member of your Local planning to attend the workshop is to be registered as a “CSEA Member.” Non-members are not eligible to attend. Please adhere to this principle when completing the conference registration forms.

This conference is an excellent opportunity for you to send activists who have expressed an interest or who may not usually attend conferences.

Should you have any questions, please contact Central Files at CSEA headquarters, 518-257-1214.

cc: CSEA Officers  
Region, Local and Unit Secretaries

**CSEA  
LOCAL 1000 – AFSCME – AFL-CIO  
143 Washington Avenue, Albany, New York 12210**

**M E M O R A N D U M**

**TO:** REGION, LOCAL AND UNIT TREASURERS  
**FROM:** BILL WALSH, STATEWIDE TREASURER *Bill*  
**DATE:** JANUARY 2020  
**RE:** **REIMBURSEMENT RULES-CONFERENCE ON OCCUPATIONAL SAFETY & HEALTH  
APRIL 17-19, 2020**

The Regions, Locals, Units or individuals are responsible for the expenses of the conference. The Regions, Locals and Units must use the reimbursement guidelines established by the Board of Directors. These guidelines provide maximum reimbursement rates; the Regions, Locals and Units must stay within the rates established, but may adopt lower rates if they choose.

The following are the policies that apply:

1. The registration fee includes dinner on Friday, April 17th, lunch on Saturday, April 18th, and coffee service on Sunday, April 19th, including all taxes and gratuities and are not eligible for reimbursement. Meal allowances for all other meals: \$10 breakfast, if on CSEA business before 7:00 a.m., \$15 for lunch, if on CSEA business between 12:00-2:00 p.m., \$30 for dinner, if on CSEA business after 7:00 p.m. may be paid while en route or to cover meals not included in the package. In order to receive allowances en route, travelers must indicate their travel times on their vouchers
2. Transportation — The mileage rate is 57.5 cents per mile. Mileage is paid to those who use their automobiles. Tolls are paid when substantiated by receipts. Because toll receipts also verify the mode of transportation, when travelers use a non-toll road, they should indicate it on their vouchers. The cost of public transportation via plane, train, bus or taxi is paid when accompanied by a receipt.
3. Lodging — The package rates are specified on the conference website at <https://www.discover saratoga.org/csea/>. Attendees must register for the conference using the links provided in addition to any hotel reservations required. Lodging must be at a CSEA approved hotel that is part of the negotiated package.

Individuals from the Saratoga Springs area who will be attending the workshop without requiring lodging will be charged a day rate which covers all food and beverages, taxes, gratuities and attendance at workshops. Those rates are:

Friday \$90                      Saturday \$65                      Sunday \$15

4. Miscellaneous — Locals have the option of providing a maximum of \$30 per overnight for expenses not specifically covered above.

cc: CSEA Officers  
Local and Unit Presidents

## Frank Cosentino, July 3, 1952 – July 18, 2019



On July 18, 2019, CSEA lost a powerful voice for safety and health and a dear friend to all of us. Frank Cosentino, Chair of the Statewide Standing Committee on Occupational Safety and Health, passed away. He was 67 years old.

Frank was a survivor of the terrorist attacks on the United States on September 11, 2001. He survived a cancer related to those attacks, and was a powerful advocate for safety and health for ALL workers as a result of his own experiences.

Frank served as the Region 2 Safety Committee Chair for 20 years. In 2009 he was appointed Chair of the Statewide Standing Committee on Safety and Health, a role in which he served until his passing.

Frank was a member for over 37 years and also served as Treasurer of Local 010.

CSEA remembers Frank fondly and extends our deepest condolences to Frank's loved ones. He will be dearly missed, but his memory will be carried on with each of us as we continue to fulfill his mission of improving the lives of workers everywhere through ensuring safer and healthier workplaces.



Frank Cosentino lights the Olympic Torch in Lake Placid, NY.



Cosentino hosts a Worker Memorial Day service at the 2010 CSEA Statewide Conference on Occupational Safety and Health.

**The challenges we face today have never been greater.**



**What does PEOPLE do for you?**

### **Safeguard Your Work Environment**

PEOPLE allows us to get laws like the Workplace Violence Prevention Act passed to ensure that our safety on the job remains a priority for your employer.

PEOPLE protects and improves our jobs, benefits and pensions in Washington, Albany and in our community.

By joining PEOPLE you have a direct impact on the political process and the people who represent you. Politicians will make decisions that have a great impact on you from job security to your retirement benefits. The more PEOPLE members we have, the more politicians pay attention to what we say.

Stop by the PEOPLE Booth at the OSH Conference.

**Make Your Voice Heard Today!**

**Join**



**Statewide Conference on Occupational Safety and Health**  
**Saratoga Springs, New York**  
**April 17-19, 2020**

**Union Safe, Union Strong**  
*Tentative Agenda*

**Friday, April 17, 2020**

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**11:00 a.m. – 6:00 p.m.      Conference Registration  
Information Tables**

**12:00 p.m. – 5:00 p.m.      \*\*\*Opioids and the Workplace: Prevention & Response\*\*\***

*This full-day program is designed to address the impact of the opioid crisis on workers, the workplace, and the community. This epidemic can be addressed by using the public health model of primary, secondary, and tertiary prevention.*

**1:00 p.m. – 3:30 p.m.      \*\*\*Stop the Bleed — Special Hands-on Program\*\*\***

*Stop the Bleed is a national awareness campaign and call-to-action in response to active shooter incidents. It is intended to cultivate grassroots efforts that encourage bystanders to become trained, equipped, and empowered to help in a bleeding emergency before professional help arrives.*

**1:00 p.m. – 2:00 p.m.      CONCURRENT WORKSHOPS**

**Working Over Time: Overtime and Off Shifts Effect on Worker Health**

*Sleep deprivation and stress are common consequences of working long hours and erratic shifts. The resulting depression, obesity, high blood pressure and other health effects can be addressed through the implementation of proper practices and support.*

**Pain in the Neck! (and Back) [Repeated on Saturday at 11:15 a.m.]**

*CSEA members break their backs every day. Member's lives are ruined by these injuries and everyone **FEELS THE PAIN** of mandated overtime. Your employer can minimize the chance of getting hurt by eliminating or reducing the conditions that lead to injury.*

**Surviving Workers' Compensation [Repeated on Saturday at 9:45 a.m.]**

*Workers' Compensation is a **NIGHTMARE**. Workers need all the help available to get through the system and back up on their feet. Those who can't return to work will need to know about Social Security Disability. Workers and their representatives need to know everything they can to get through this mess.*

**Bed-Bugs and Vermin [Repeated on Saturday at 9:45 a.m.]**

*Is your building infested? If so, your employer must do something about it. An effective extermination program must be instituted when pests are found in the workplace. There are regulations employers must follow to combat insects, rodents, and other vermin.*



## Friday, April 17, 2020, cont.

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### 1:00 p.m. – 2:00 p.m.      **CONCURRENT WORKSHOPS, cont.**

#### **Violence, Bullying, or Just Being a Jerk? [Repeated on Saturday at 3:15 p.m.]**

*The thin line between bullying, violence, and harassment isn't always clear on the job. Mediating workplace conflicts is also a big challenge. There are methods and strategies that provide support for dealing with these difficult workplace situations.*

#### **Watch Your Step**

*Slips, trips, and falls are the #1 cause of workplace injury. Buildings are filled with things that can trip you up and knock you down. Laws, regulations, and best practices can help you regain your footing to reduce injuries.*

#### **Where There's Smoke...There's Fire**

*Worried about a fire? Extinguish your fears by knowing what your employer must do **BEFORE** an emergency happens. Knowing when and how to use the right extinguisher may save a life. Fire safety is accomplished with the 3 P's: prevention, planning, and procedures.*

### 2:30 p.m. – 3:30 p.m.      **CONCURRENT WORKSHOPS**

#### **Dangerous Chemicals in Your Workplace [Repeated on Saturday at 1:45 p.m.]**

*Workplaces are full of hazardous materials. Your employer must protect you from their harmful effects. You have the right to know what it is you are working with and what you are exposed to.*

#### **Mold and Indoor Air Quality**

*Working in a building that smells like a dank old basement stinks. Building air quality can significantly affect the performance of the workforce and can result in adverse health effects. CSEA's air quality protocol can help resolve questionable air issues in the workplace.*

#### **Safety Steward [Repeated on Saturday at 9:45 a.m.]**

*Stewards are champions in the workplace; be a champion for safety! Union representatives on the front lines are the eyes, ears, and voice of the leadership and play a key role in keeping our members safe on the job. Knowing what to look for and what to do may mean the difference between life and death.*

#### **Setting the Record Straight [Repeated on Saturday at 1:45 p.m.]**

*Your employer can't hide from the numbers and they can't keep them from you. Injury and exposure records that you need in your fight for workplace safety **MUST** be made accessible to any employee who requests it. They are legally required to provide them and you are protected for exercising your rights to them.*

#### **Getting Ready for Action: Safety Committees that Work**

*A strong committee requires constant recruitment, engagement, and active participation from your members. An effective committee saves lives and is required by the CSEA Constitution. Get your local committee together and ready for action!*

#### **Getting Your House in Order**

*Our local leaders face the difficult challenge of being responsible for the lives of so many members in numerous work locations. Developing a blueprint is critical to gain access, protect, and defend your members. A well-designed local can't be stopped.*

## Friday, April 17, 2020, cont.

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**2:30 p.m. – 3:30 p.m.      CONCURRENT WORKSHOPS, cont.**

**Getting Started—New Officers and OSH [Repeated on Saturday at 3:15 p.m.]**

*Our union values your life and designates significant resources for protecting workers from on-the-job hazards. Professional staff and informational materials are there to help you along the way. Get a jump on protecting members by taking advantage of one of CSEA's most valuable commodities.*

**5:30 p.m. – 6:00 p.m.      Networking Reception (cash bar and tickets)**

**6:00 p.m. – 8:00 p.m.      DINNER Program**

**8:00 p.m.                      Optional Evening Activities**

*Activities to be determined in conjunction with the Saratoga Visitor's Bureau.*

## Saturday, April 18, 2020

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**8:00 a.m. – 1:00 p.m.      Conference Registration  
Information Tables**

**8:30 a.m. – 9:30 a.m.      GENERAL SESSION — Why We Fight!**  
Keynote Speaker: To be determined.

**9:45 a.m. – 10:45 a.m.    CONCURRENT WORKSHOPS**

**Surviving Workers' Compensation**

*Workers' Compensation is a NIGHTMARE. Workers need all the help available to get through the system and back up on their feet. Those who can't return to work will need to know about Social Security Disability. Workers and their representatives need to know everything they can to get through this mess.*

**Safety Steward**

*Stewards are champions in the workplace; be a champion for safety! Union representatives on the front lines are the eyes, ears, and voice of the leadership and play a key role in keeping our members safe on the job. Knowing what to look for and what to do may mean the difference between life and death.*

**Bed-Bugs and Vermin**

*Is your building infested? If so, your employer must do something about it. An effective extermination program must be instituted when pests are found in the workplace. There are regulations employers must follow to combat insects, rodents, and other vermin.*

**Preparing Your Home for Emergencies**

*Many CSEA members work in a home setting. In addition to day care workers and those who assist the developmentally disabled, anyone going into a house at work should be aware of the potential hazards in it. Carbon monoxide, mold, radon, fire, and other hazards can hurt or make our members sick. This information is also useful for all of us in our own homes.*

## Saturday, April 18, 2020, cont.

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**9:45 a.m. – 10:45 a.m.      CONCURRENT WORKSHOPS, cont.**

### **Home Visit Safety: Approaching the Unknown**

*Showing up unannounced at a client's home just to do your job opens the door to potential conflict. Home visits, seizures, and other activities in clients' homes can be very dangerous. There are methods and strategies to protect members when entering the unknown.*

### **Grading Your Workplace Violence Prevention Program**

*Violence and assaults in the workplace are becoming a daily occurrence. It takes time and hard work to implement an effective prevention program. How does your employer's workplace violence prevention program stack up against the standard?*

### **Shop of Horrors: Finding Hazards in Your Garage**

*There are lots of ways to get seriously injured in a garage. Whether it's getting sprayed with chemicals, crushed by a truck, blinded by welding, or permanent lung damage, there are multiple methods to spot and correct these hazards before you get hurt.*

### **Handling Suspicious Mail and Packages**

*Domestic terrorists and other criminals have used the mail to disperse explosives and biohazards. CSEA members in mail rooms or receiving are the first to be exposed. These dangers can be reduced through quick recognition, prompt action, and good procedures.*

### **Coping with Stress and PTSD Part 1: Recognizing Stress and PTSD at Work**

***(Certificate requires completion of Part 2 [Repeated on Saturday at 11:15 a.m. and 3:15 p.m.]***

*Members routinely experience stress and trauma associated with the everyday events and emergencies at work. PTSD and anxiety take physical and mental tolls on the workers, family, and the health of everyone involved. Coping and resiliency skills are crucial for members to perform vital tasks.*

**11:15 a.m. – 12:15 p.m.      CONCURRENT WORKSHOPS**

### **What's in My Water!?**

*Communities such as Hoosick Falls, NY and Flint, MI have suffered serious health effects from contaminated drinking water. Employers are required to give you access to safe water free of contaminants in your workplace. Regulations and good ol' fashioned union activism will protect you, your family, and your community from this growing threat.*

### **School Secrets**

*The Comptroller has proven that school personnel are not getting the training and information that administration is required to provide. State Education and labor laws require schools to adhere to specific plans and procedures to protect you. The cycle of failure must be broken to effectively protect everyone in schools.*

### **Dodging Cars: Work Zone Safety**

*Working on or near a traveled road is statistically the deadliest job task in CSEA. Work zones do not only apply to DOT. Sewers, refuse, engineering, DPW, and other workers face traffic threats as well. If your work affects traffic, your employer must have a traffic control plan by law.*

## Saturday, April 18, 2020, cont.

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11:15 a.m. – 12:15 p.m.

### CONCURRENT WORKSHOPS, cont.

#### **Dealing with Hand-Me-Down Workplace Violence Programs**

*Some workplace violence programs have been completed for over a decade, implemented by different leadership and management. The workplace may have changed, but did the programs? The programs are meant to be flexible documents that change with the times.*

#### **Coping with Stress and PTSD Part 2: What Helps and What Can Be Done**

*(Certificate requires completion of both Parts. [Repeated at 3:15 p.m.]*

*Members routinely experience stress and trauma associated with the everyday events and emergencies at work. PTSD and anxiety take physical and mental tolls on the workers, family, and the health of everyone involved. Coping and resiliency skills are crucial for members to perform vital tasks.*

#### **Personal Protective Equipment and Hazard Control**

*Personal Protective Equipment is the least effective way to deal with a hazard because the hazard is still there. PPE can be effective at times, or even necessary, but there are limitations. There are many ways to control hazards in the workplace, much more protective than PPE.*

#### **Fitting In Your Computer Workstation**

*Thousands of members work at computer workstations everyday leading to injuries like carpal tunnel. Poor workstation design can cause this and many other severe injuries that may last a lifetime. A little knowledge and some small adjustments can stop you from getting hurt.*

#### **Pain in the Neck! (and Back)**

*CSEA members break their backs every day. Member's lives are ruined by these injuries and everyone **FEELS THE PAIN** of mandated overtime. Your employer can minimize the chance of getting hurt by eliminating or reducing the conditions that lead to injury.*

#### **The Fatal Four: Fall Protection, Lock-Out/Tag-Out, Confined Spaces, and Excavating**

*Working in the trades has the highest propensity for fatal injuries. Out of all the hazardous tasks performed, the Fatal Four are the most dangerous. Following regulations and best practices can render a job safe to do, but not following them can lead to disaster.*

12:30 p.m. – 1:30 p.m.

**LUNCH**

1:45 p.m. – 2:45 p.m.

**CONCURRENT WORKSHOPS**

#### **Domestic Violence at Work**

*Domestic violence is not just a home issue; it can travel to work. Sixty-nine percent of all domestic violence reporters report harassment at work. All types of violence must be incorporated into your employer's workplace prevention program and much can be done to make the workplace safer for all.*

#### **Setting the Record Straight**

*Your employer can't hide from the numbers and they can't keep them from you. Injury and exposure records that you need in your fight for workplace safety **MUST** be made accessible to any employee who requests it. They are legally required to provide them, and you are protected for exercising your rights to them.*

## Saturday, April 18, 2020, cont.

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**1:45 p.m. – 2:45 p.m.      CONCURRENT WORKSHOPS, cont.**

### **Coping with Stress and PTSD Part 1: Recognizing Stress and PTSD at Work (Certificate requires completion of Part 2 [Repeated on Saturday at 3:15 p.m.]**

*Members routinely experience stress and trauma associated with the everyday events and emergencies at work. PTSD and anxiety take physical and mental tolls on the workers, family, and the health of everyone involved. Coping and resiliency skills are crucial for members to perform vital tasks.*

### **When to Make the Call: PESH and OSHA**

*Regulatory intervention can solve your problems or leave you with egg on your face. PESH and OSHA complaints should be utilized as a last resort and may not always have the outcome you want. Know when you **SHOULD** make the call, and when you may want to wait.*

### **Clearing the Brush**

*Working outdoors exposes workers to tick-borne illness, extreme temperatures, and other hazards like chainsaws and chippers. It's very challenging to control these hazards when your workplace changes by the minute. There are best practices for working safely outdoors.*

### **Effective Article 15 Grievances (State Government ONLY)**

*The state contract has extensive safety and health protections, however, grieving these has a unique procedure. How you write the grievance may determine if it can proceed past Step 1. Winning or losing may come down to how you originally write your grievance!*

### **Safety and Health Contract Language (Local Government and Private Sector ONLY)**

*To have an effective health and safety grievance, you first need contract language to base it on. Despite its rule as a mandatory subject of bargaining, safety is often ignored and needs to be institutionalized in your contract. Just any language won't do, make sure it's the right language for you!*

### **What's Going Around?**

*Working with the public and public infrastructure exposes workers to infectious diseases and blood-borne pathogens. Whether it is flu, measles, Hepatitis, HIV, MRSA, Staph, Ebola, or the latest outbreak, your employer must have plans and precautions to protect you.*

### **Dangerous Chemicals in Your Workplace**

*Workplaces are full of hazardous materials. Your employer must protect you from their harmful effects. You have the right to know what it is you are working with and what you are exposed to.*

**3:15 p.m. – 4:15 p.m.      CONCURRENT WORKSHOPS**

### **Advocating for Worker Safety AND Special Needs Students**

*Inclusionary techniques for special needs students have made great leaps forward, however, the culture in schools still focuses on what is best for the district. What about the best interest for the child **AND** our members? State Education laws and best practices will provide you the information you need to provide the best education these children deserve.*

## Saturday, April 18, 2020, cont.

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**3:15 p.m. – 4:15 p.m.      CONCURRENT WORKSHOPS, cont.**

### **What Does “Green” Really Mean?**

*Green cleaners are not without risk, hazards, and other unforeseen problems. Clever marketing has made it easier for workers and employers to become blind to the hazards. Know what you’re working with and how to protect yourself when using cleaning agents.*

### **Beating the Boss**

*Labor organizing started with Safety and Health, but the fight is not over. Beating the boss requires strategies and winning tactics. Planning your arguments and battles can help you win again and again.*

### **Getting Started — New Officers and OSH**

*Our union values your life and designates significant resources for protecting workers from on the job hazards. Professional staff and informational materials are there to help you along the way. Get a jump on protecting members by taking advantage of one of CSEA’s most valuable commodities.*

### **The Latent Fatal Four: Asbestos, Silica, Lead, Hexavalent Chrome**

*Unlike the physical “Fatal Four,” what doesn’t kill you now will kill you later. Exposure to Asbestos, Silica, Lead, and Hexavalent Chrome can stay hidden in your body for a year and morphs into COPD, cancer, or a long-term health condition. Your employer must adhere to regulations that protect you.*

### **Coping with Stress and PTSD Part 2: What Helps and What Can Be Done (Certificate requires completion of both parts.)**

*Members routinely experience stress and trauma associated with the everyday events and emergencies at work. PTSD and anxiety take physical and mental tolls on the workers, family, and the health of everyone involved. Coping and resiliency skills are crucial for members to perform vital tasks.*

### **Feeling the Heat: Safety in Food Service**

*Working in food service has unique hazards from sharps to burns to slips to lifting. When thinking about cooking it’s hard to think about how to control the hazards that exist in the kitchen. We’ll provide the recipe for safety and it includes laws and regulations and a dash of good ol’ fashioned union might.*

### **Violence, Bullying, or Just Being a Jerk?**

*The thin line between bullying, violence, and harassment isn’t always clear on-the-job. Mediating workplace conflicts is also a big challenge. There are methods and strategies that provide support for dealing with these difficult workplace situations.*

### **Watch your Step...In the Woods**

*Slips, trips, and falls are the #1 cause of workplace injury. The outdoors presents a whole new set of hazards. There are laws, regulations, and best practices that will help you regain your footing.*

**6:00 p.m.                      Optional Evening Activities**

*To be determined in conjunction with the Saratoga Visitor’s Bureau.*



Sunday, April 19, 2020

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9:00 p.m. – 11:00 a.m.    General Session — Advocating for injured members.

## Conference Adjourns Travel Safe!



CSEA's Canary representing the first line of defense on safety and health issues.



Local 554 Treasurer Shubert Broomfield, left, and local Vice President Tiron King, right, pose with the CSEA Canary.



# HOW TO REGISTER FOR THE CONFERENCE AND HOW TO SECURE YOUR HOTEL ACCOMODATIONS

## CONFERENCE REGISTRATION

Available online at <https://cseany.org/event-registration>

There will be no paper registration, but assistance will be available for anyone who does not have access to a computer, smartphone or tablet for personal use.

The CSEA Region and Satellite offices will be available during business hours to lend equipment and assistance for registration, and for anyone without access to a computer, smartphone or tablet. A help line will be available by calling CSEA between the hours of 9:00 a.m. and 4:00 p.m. at 518-257-1214 or toll free at 800-342-4146 and pressing 1214 from a touch-tone phone.

## Registration is to be completed by March 9, 2020

A conference registration fee of \$170 is required for all members attending the conference and staying overnight at our hotels in Saratoga. For members in the Saratoga area who are commuting to the conference, the day rates (which include the registration fee) will be \$90 for Friday, \$65 for Saturday, and \$15 for Sunday. Fees must be paid by check, made payable to CSEA, and sent via certified mail to:

**CSEA Finance Department  
143 Washington Avenue  
Albany, NY 12210  
Attention: Peter Diana**

Notation on the check should indicate 'OSH Conference'

## HOTEL RESERVATIONS

Available online at <https://www.discoversaratoga.org/csea/>

Please make your hotel reservations online or contact the hotel directly and use the CSEA Occupational Safety and Health Booking Code. By making your hotel reservations online, you will know which hotels and room categories are available and you will receive your confirmation immediately.

**Reservations must be made by March 16, 2020. Please refer to the hotel's confirmation letter for complete cancellation guidelines as they do vary.**

*Registration confirmation to be presented at conference registration will be immediately available for printing for all online registrants – no postcard will be sent.*



**PAYMENT FOR RESERVATION(S) BY CHECK – The hotel does not take checks!**

1. You must contact Beverly Merrill at Empire Travel via email ([beverly@empiremeetings.com](mailto:beverly@empiremeetings.com)) by **March 9, 2020** to secure reservation(s).
2. After securing reservation(s) with Beverly, send a check for full payment made payable to CSEA **via certified mail by March 13, 2020** (must be received by this date or reservation(s) will be canceled) to:

Civil Service Employees Association, Inc.  
143 Washington Ave.  
Albany, NY 12210  
Attn: Peter Diana, Director of Internal Operations

***\*Individuals will be responsible for any incidentals and will be asked to provide a personal credit card upon check in.\****



**Local 1000 AFSCME, AFL-CIO**

143 Washington Avenue  
Albany, New York 12210

Mary E. Sullivan, President  
[cseany.org](http://cseany.org)

