

## If you're facing a layoff, you don't have to go it alone.

CSEA fights hard to prevent cuts to members' jobs and public services. We regularly work with employers to explore every possible alternative that will not put workers out of work and the services you provide at risk.

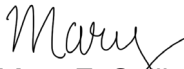
Despite our best efforts, and because the law gives employers the right to manage their workforce, sometimes furloughs or layoffs are unavoidable.

When we can't avoid layoffs, our Labor Relations Specialists work with your elected union officers to make sure your employer administers them properly, following both the law and our union contract. That means following seniority lists and Civil Service Law.

We know layoffs cause stress and confusion for union members looking at losing their jobs. You undoubtedly have questions about your existing benefits, retirement, income loss and your rights as a union member.

We want you to be aware of the multiple resources to help guide you through this difficult time.

If you have questions remaining after viewing the resources in this guide, please call your nearest CSEA Region Office to request further assistance.

  
Mary E. Sullivan,  
President

## Contact CSEA for assistance

### Region Offices

#### Long Island Region

631-462-0030  
Jerry Laricchiuta, Region President  
Miguelangel Cruz, Region Director

#### Metropolitan Region 2

212-406-2156  
Lester Crockett, Region President  
Liam Russertt, Region Director

#### Southern Region 3

845-831-1000  
Anthony Adamo, Region President  
Charisse Seneres, Region Director

#### Capital Region 4

518-782-4400  
Ron Briggs, Region President  
Denise Warren, Region Director

#### Central Region 5

315-433-0050  
Kenny Greenleaf, Region President  
Bob Riley, Region Director

#### Western Region 6

716-691-6555  
Steve Healy, Region President  
Robert Mootry, Region Director



Member Solutions Center

800-342-4146

Mary E. Sullivan, President



## CSEA Quick Guide:

# Resources and support for union members facing job loss



## Union Resources

Visit **CSEA's Layoff Resources** page:  
<https://cseany.org/layoff-services>

or visit **cseany.org** and then navigate through the drop-down menus by selecting **MEMBERS>RESOURCES>LAYOFF SERVICES**

**Note: you'll need to login with a CSEA username and account to access this page.** To establish your account you'll need your CSEA Member ID, found at **cseany.org** in the upper right hand corner under "GET MY MEMBER ID" or on the Digital Member Cards section of the MyCSEA smartphone app.

### What you'll find on our website:

- CSEA's valuable **Layoff Services Guides** with more in-depth information and resources for people impacted by layoffs;
- An application to request **dues-free** union membership for a one-year period;
- **FREE job skills training** available through CSEA's Work Institute;
- **Civil Service Test Preparation** assistance;
- Helpful checklists for people experiencing layoffs.

## Union Financial Assistance:

### Personal Budget Analysis and Credit Counseling Benefit

**CSEA and UnionPlus** provide union members with a personal budget analysis and debt management program benefit that can assist you when finances get tight.

**Online:** [unionplus.org/benefits/hardship-help](http://unionplus.org/benefits/hardship-help)  
**Phone:** 877-833-1745

### CSEA VISA® Credit Card

Powered by CAP COM, the **CSEA Visa card** offers a low fixed rate of 8.9% APR, (good to excellent credit); 12.9% fixed APR (average credit). No annual fee and no balance transfer fees. You could save money by transferring high-balance cards to your CSEA Visa card!

**Online:** <https://csea.capcomfcu.org/>  
**Phone:** 844-622-CSEA

## New York State Services

### How to file for Unemployment and get help with Health Insurance Coverage

The State Department of Labor can assist you in filing for unemployment benefits, as well as provide options to keep you covered by health insurance.

**Online:** [dol.ny.gov](http://dol.ny.gov)  
**Phone:** 888-209-8124

### Job Training and Reemployment

Contact your nearest **NYS Department of Labor One Stop Center** for help with placement services, job counseling, resume preparation, retraining opportunities, information and referrals relating to a variety of other support services.

**Online:** <https://labor.ny.gov/career-center-locator/>

For state employees, the **NYS Department of Civil Service's Career Mobility Office** offers reemployment and training services.

**Online:** [www.careermobilityoffice.cs.ny.gov](http://www.careermobilityoffice.cs.ny.gov)  
**Phone:** 800-553-1322

### Retirement Loan Arrangements

If you've taken out a loan against your pension, contact the **NYS Retirement System** to make payment arrangements so you do not default.

**Online:** [www.osc.state.ny.us](http://www.osc.state.ny.us)  
**Phone:** 866-805-0990

### Additional State Resources:

#### State Comptroller's

#### COVID-19 Financial Survival Toolkit:

<https://www.osc.state.ny.us/covid-19/financial-toolkit>

#### New York Project Hope

NYS Office of Mental Health's emotional support resources for coping with COVID-19:

**Online:** <https://nyprojecthope.org>  
**Phone:** 844-863-9314.

## Local Services/Resources

### County Services Available

You can access available services through your **County Social Services Office** to assist with things like heating your home (HEAP Program) or getting food assistance from the Supplemental Nutrition Assistance Program (SNAP), among other helpful programs.

**Online:** [www.otda.ny.gov/programs](http://www.otda.ny.gov/programs)  
**Phone:** 800-342-3009

### Need help? Dial 2-1-1

The **United Way of New York State** operates a free hotline to put you in touch with available services. Their operators can help you navigate the complex variety of assistance available in your community.

**Online:** [211nys.org](http://211nys.org)  
**Phone:** 2-1-1

## Union Educational Benefits

### CSEA/AFSCME Free College Benefit

Even if you're laid off, you can still learn valuable new skills and get a degree by taking advantage of the **AFSCME Free College Benefit**, which offers a free online 2-year associates degree, with no out-of-pocket costs for union members or their family members.

**Online:** [freecollege.afscme.org](http://freecollege.afscme.org)  
**Phone:** 888-590-9009

### Skillsoft e-Learning Courses

**CSEA's Work Institute**, in partnership with the **skillsoft e-learning platform**, gets you access to thousands of online courses you can take for free to learn new skills, including certification track courses which can prepare you to earn certificates in many specialized fields.

**Online:** <https://cseany.org/professional-and-personal-development>  
**Phone:** 866-478-5548