



Central Region 5

VALENTINE'S WEEK

**R A N D O M
A C T S
O F
K I N D N E S**

FEBRUARY 14 TO FEBRUARY 20

**Show some kindness,
leave a sticker:**

- Pay for someone's coffee
- Donate food, clothes & essentials
- Check-in on an old friend
- Give blood to American Red Cross
- Leave a co-worker a nice sticky note message

*Contact Region Office (315-433-0050) or President Kenny Greenleaf
to arrange safe drop-off or pick-up of stickers !*