



# CAPITAL REGION DISPATCH

March  
2021

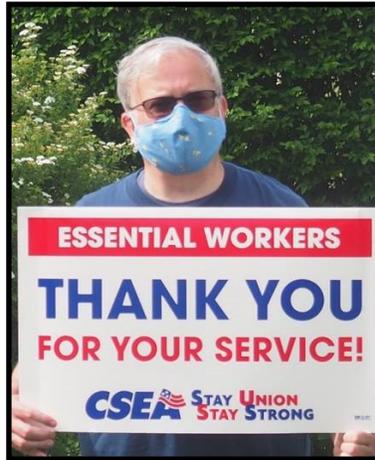
## President's Message

As I write this, the snow outside my home is almost gone and the weather is in the 60's.

Spring is definitely coming and with it – hope. Hope that we will turn the corner on this devastating virus that has taken too many lives and caused such disruption.

Currently New York State has vaccination rates around 20 percent, it is getting a bit easier to find appointments, and a third vaccine is approved and already in use. And in mid-March, many public employees will finally be eligible for vaccination. We must stay the course and stay positive. There are plenty of reasons for hope.

Hope comes in all forms. Recently, President Sullivan an-



Ron Briggs  
CSEA Capital Region President

nounced that we can start the member drive-thru's again as the weather turns better. So, I am hopeful that we will have a drive-thru near you. Hopeful that you will say hi to me at a drive thru. And, hopeful you know how much all of your hard work during this pandemic has meant to me, our community and our state.

We continue to work really hard in the region to fill the training gap and even some virtual social events, but nothing can replace talking to someone in person, sharing a meal and just spending time together.

In March, we celebrate the contributions of women and consider the ways that our union is made stronger by the efforts of all the great women around us in CSEA and those who paved the way before us.

This certainly is a time for reflection, gratitude, optimism and hope.

In Solidarity,  
*Ron Briggs*



March 19th is international Red Nose Day. Red Nose Day is a fundraising campaign that raises money for children and young people who are living in poverty. The main goal of Red Nose Day is to use comedy, entertainment as well as the power of laughter to help those who need it the most in our world. To learn more about Red Nose Day click on the Red Nose



Ron Briggs is ready for Red Nose Day, are you?

# Celebrating Woman's History Month



## GIRL SCOUTS

An Empowering Organization that prepared girls to meet the world with courage, confidence and character was founded in 1912. Woman could not even vote in 1912 and at the age of 51, a nearly deaf woman, Juliette Gordon Low, invited 18 girls into her backyard in Savannah, Georgia. They shared what she learned when she was in England, a new outdoor education program for youth. In England she met Sir Robert Baden-Powell, the founder of Boy Scouts, and she was inspired to develop a program in the United States for girls. She declared, "I've got something for the girls of Savannah, and all of America, and all the world, and we're going to start it tonight."

In the words of Elizabeth Blackwell, "If society will not admit of women's free development, then society must be remodeled." Elizabeth Blackwell was the first woman in America to receive a medical degree. Like Elizabeth, Juliette broke the conventions of the time—reaching across class, culture, and in Juliette's case, ethnic boundaries to ensure all girls, including those with so-called disabilities, had a place to grow and develop their leadership skills.

CSEA and the Girls Scouts have much in common especially in their commitment statements (see table below).

CSEA Mission	Girls Scout Law – I will do my best to be...
<b>Honesty:</b> We are honest with ourselves and each other.	Honest and Fair
<b>Inclusiveness:</b> Every group, every idea is welcomed.	Be a sister to EVERY Girl Scout
<b>Full Participation:</b> We encourage and expect full participation in all union matters.	<b>Girl Scout Family Promise:</b> <i>On my honor, I will try:</i> To support my Girl Scout and her troop, To help girls lead at all times,
<b>Respect:</b> We respect each other and honor our differ-	To Respect myself and others
<b>Diversity:</b> We celebrate our diversity and use it to	Be a sister to EVERY Girl Scout
<b>Open Communications:</b> We listen and provide for open communication across all parts of our union and in all directions.	Friendly and helpful, considerate and caring, courageous and strong
<b>Accountability:</b> We are accountable for our actions and	Responsible for what I say and do .
<b>Fiscal Responsibility:</b> We conduct our business in a fis-	

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Girl Scouts learn self-worth and the value of always offering a helping hand to those in need. They work to improve the world around them. CSEA leaders, and not necessarily officers, make efforts every day to improve the lives of their union brothers and sisters. Sometimes those efforts are by way of getting involved in community programs, church events or community organization such as the Girls Scouts. Countless CSEA members have a child or children who belong to a Girl Scout Troop. And many have chosen to take on a leadership role by being a Troop guide or mentor. One such person who took on this role early in her children’s lives was Liz Moran, Local 698 President (NYS Dormitory Authority).

When Liz became a single mom of two young girls, she chose to get involved with Girl Scouts to help young girls see and achieve their true potential. This was far before she became a union member, and later a union leader. “The Girls Scouts was a unique opportunity for my girls to explore their abilities, gain confidence where they lacked it, and understand that there is real influence when you work together as a unit. I also wanted young girls to see a single, young mom flourish, explore and grow. It is so important that girls and woman feel the power of themselves. Girl Scouts helps them with that.” Liz went on to explain that today, as a union leader, she continues to show the power of the female voice. One of her favorite quotes is from Maya Angelou -- “I love to see a young girl go out and grab the world by the lapels. Life’s a bitch. You’ve got to go out and kick ass.”

Girl Scouts helps to set a foundation for our female leaders, and for over a century of the Girl Scouts existence, the program continues to inspire our youth. Today, we can admire Ms. Juliette Gordon Low for extending her wisdom to educate and empower our female youth. We must also embrace our current female leaders and carry on the mission of Ms. Low by inspiring others to take on leadership roles. Liz Moran and our Statewide CSEA President Mary Sullivan are just two examples of the positive impact woman make on an organization.

Did you know that Dolores Huerta, labor leader (United Farm Workers) and civil rights activist was a Girl Scout? As you move through Women’s History Month, be sure to also pay attention to those women who are making history today. Inspire strength, pride, and the ability to be yourself and be accepted by all.

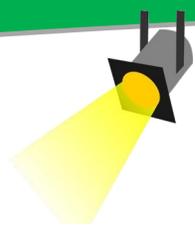
**"Truly, ours is a circle of friendships, united by our ideals."---Juliette Gordon Low**

Want to know more about the connection of Girl Scouts with famous female leaders? Check this out!

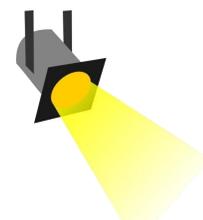
<https://trailhead.gsnorcal.org/womens-history-month-famous-girl-scouts/>

“Working with young girls and empowering them was what I experienced with bringing my granddaughter to girl scouts. The volunteer leaders in the program worked diligently to ensure that these young ladies took pride in who they are. What stood out most for me, the Girls Scouts were taught the importance of equal pay among genders, civic engagement, all things we as CSEA negotiate, teach, and support.”

Shana Davis  
CSEA Capital Region  
Executive Vice President



# MEMBER SPOTLIGHT



**WE NEED YOU!**

The Dispatch is looking to become more member focused. We are calling on our brothers and sisters to make it happen. Our next issue will be coming out in June. The month that is synonymous with the end of the school year. To spotlight as many members as possible we are asking you to be a part of our next issue. All members that work for our school systems in any capacity are encouraged to please send us an email so we can include you in the next edition of The Dispatch. Monitors, aides, bus drivers, custodians, maintenance personnel and other positions that have made our school systems including colleges run during this “pandemic” year please contact us. We know how much pride our Capital Region 4 members have in doing the duties of their positions and we want to display as much pride as we possibly can in our next issue. Please email the communications committee at

[csearegion4@cseainc.org](mailto:csearegion4@cseainc.org)

## CSEA VETERAN SPOTLIGHT



**WE WANT YOU!**

You served our country. You know what it takes to accomplish a brother and sisterhood. We are so proud of all our members that are veterans. We would like to put together a spotlight section in The Dispatch dedicated to the veterans that are CSEA members. All Capital Region 4 brothers and sisters that have dedicated part of their lives to our amazing country please contact us! As a union we are not only proud of our accomplishments to bring the working men and women fair and just benefits, we are proud of all who have served our country! Please contact the communications committee to be spotlighted in our June issue of The Dispatch at

[csearegion4@cseainc.org](mailto:csearegion4@cseainc.org)





# Bailey's Irish Cream Brownies,

## by Cindy Pohlmann



I usually go to a large St. Patrick's Day party and bring a Irish Cream Cheesecake. Due to COVID the party has been cancelled, but I wanted to make something a little special for my husband and myself. We definitely didn't want to eat a whole cheesecake. The brownies were a big hit with my husband. If you don't want to make brownies from scratch, go ahead and use a box mix. It will still be great with the Bailey's Buttercream. Enjoy!

### Bailey's Irish Cream Brownies

- 1 ½ cups sugar
- ½ cup butter, softened
- 2 eggs, large
- 1 cup flour
- ¾ cup cocoa powder
- ¼ teaspoon espresso powder (optional)
- ¾ cup Bailey's Irish Cream



Preheat oven to 350 degrees. Butter or spray a 9x9 inch pan.

Cream butter and sugar until smooth.

Add eggs, one at a time. Then add the Irish cream.

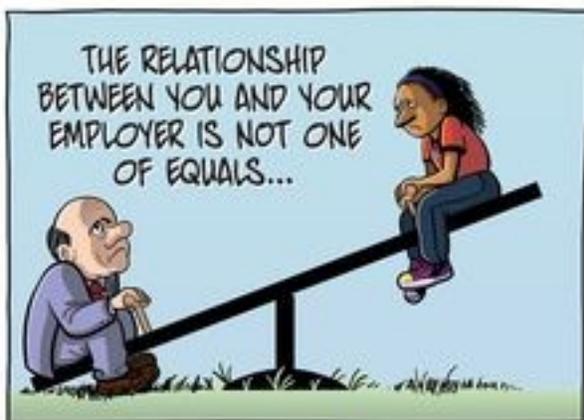
Add flour, cocoa powder and espresso powder. Mix until blended, but don't over mix.

Bake for 30 minutes until a toothpick inserted into the middle comes out clean.

### Bailey's Buttercream

- 4 ounces cream cheese, softened
- 4 ounces butter, softened
- 3 cups powdered sugar
- ¼ cup Bailey's Irish Cream

Beat cream cheese and butter together. Slowly add the powdered sugar. Add the Irish cream and beat well. Spread on cooled brownies.





## SPOTLIGHT ON YOU!

It is no surprise to us that Locals and Units are amazing, and the work of their members is tremendous. It's time that we share these amazing stories with the rest of the Region. In each issue of the Dispatch, we are looking to spotlight the efforts, accomplishments and feats of Locals, Units and their members.

We ask that you share with us stories about community action that your Local, Unit or specific members have taken, significant accomplishments of a member or group of members, stories of survival or revival, or any other account describing a significant endeavor that you believe should be shared and/or recognized by others in our Region.

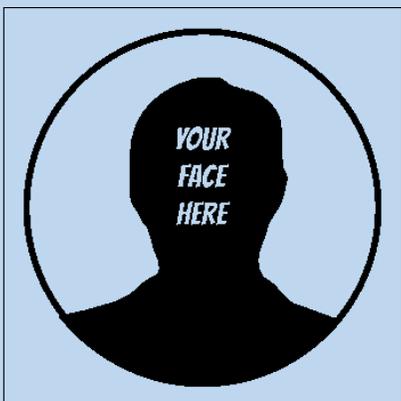
Please send an email to [csearegion4@cseainc.org](mailto:csearegion4@cseainc.org) providing a brief description of what you would like to share and your contact information. A member of the Communications Committee will reach out to you.

## RED NOSE DAY

As you read earlier, March 19th is international Red Nose Day. Please send us your Red Nose Day pictures so we can share them with our members.

We hope by sharing these pictures it will help raise awareness about this effort to combat poverty. Please send your Red Nose pictures to

[csearegion4@cseainc.org](mailto:csearegion4@cseainc.org)



(WITH A RED NOSE)

## Recipes

### WANTED

We want your favorite recipe for the June issue of The Dispatch. Whether it's spring or summer related please share!! Click on this picture to submit your recipe or send it to [csearegion4@cseainc.org](mailto:csearegion4@cseainc.org) for your chance to win a CSEA Swag Bag filled with goodies.

What is your "go to" Girl Scout Cookie?  
What is the sweetest CSEA Member Benefit?  
Click the picture below to let us know!!

