



CAPITAL REGION DISPATCH

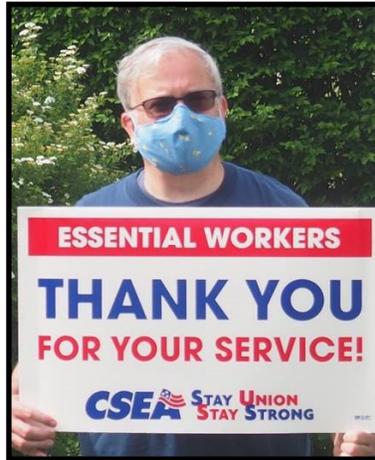
June
2021

President's Message

We are in a time of transition. COVID rates are down and vaccination rates are up. More things are opening up. The school year is ending and summer is starting. For CSEA members, another transition, in the form of unit and local elections is taking place.

Transitions can be a source of anxiety, but also of opportunity for a new way of doing things and different perspectives.

CSEA is unique in the way our union relies on volunteers; officers, stewards, grievance reps and committee members to run our units and locals. Members elect many of these folks to represent them and their interests. It's not easy work. Sometimes it's hard to



Ron Briggs
CSEA Capital Region President

get enough people to step up. Because as you know many hands make light work. Those who do step up, deserve our recognition and thanks.

So, let me be the first one to thank you for being a member of our union. Thank you for whatever part you play in helping make our

union stronger. Now let me ask you to do all you can to support the officers (new or re-elected) as they begin their transition to a new term. We all have a role to play in this effort. Maybe you can offer words of encouragement, share some ideas you have or offer to help in some way. Perhaps you would like to become a steward, or help organize a meeting, or help welcome new members to our union. There is a place in our union for your help.

Our union, our jobs and our work is too important not to play a role of some kind.

In Solidarity,
Ron Briggs

In honor of Father's Day here are some Dad jokes.

When does a joke become a Dad Joke?

When the punchline becomes apparent.



Boss: How good are you at PowerPoint?

Dad: I Excel at it.

Boss: Was there a Microsoft Office pun?

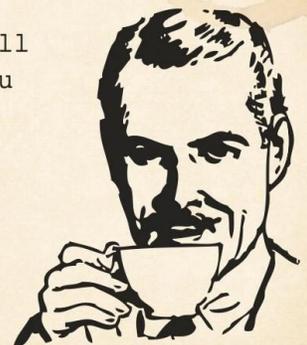
Dad: Word.

Boss: You're fired.



Waiter: Do you want a box for your leftovers?

No. But I'll wrestle you for them!



Juneteenth

What is Juneteenth?

Juneteenth also known as Freedom Day, Jubilee Day, Liberation Day, and Emancipation Day is a holiday commemorating the emancipation of those who had been enslaved in the United States. And though many may just be learning about the significance of this holiday, it is important to take time to recognize its place in American history and reflect on the long struggles for equal, civil, and human rights and how far we have to go.

Why is Juneteenth Important?

Juneteenth shows us that freedom and racial equality have always been a hard-fought battle for black Americans. It is a reminder that



Dispatch Guest Writer
Danielle Kilmer

“Nobody is free until everybody is free”.

How should Americans celebrate Juneteenth?

It should be a day to reflect, to learn, and to grow as a nation and as a people. Support black businesses, use social media to share black people you admire, educate yourself about black History, take time

to rest, celebrate your freedom, and use your voice to spread love and hope.

What are your thoughts on receiving a paid holiday for Juneteenth?

I am honored that this day was fought for. I am proud to be a part of a union that stands up for what is right and fights hard for what the members believe in. Having this day off gives everyone the opportunity to celebrate within their communities and teach the children about their history and their ancestors. It gives a sense of stability and shows the community that we care about what is important to them.

*Danielle Kilmer-President
Local 652-Employees
Retirement System*



MEMBER SPOTLIGHT

WE NEED YOU!

The Dispatch is looking to become more member focused. We are calling on our brothers and sisters to make it happen. We want to put the spotlight on you, or someone you work with in our next issue. We know how much pride our Capital Region 4 members have in doing the duties of their positions and we want to display as much pride as we possibly can in our next issue. Please email the communications committee at

csearegion4@cseainc.org

And The Guest Writer IS?



Our guest writer for June is Danielle Kilmer. She wrote an article on Juneteenth. Her article can be found in this issue and next issue it could be you!! The mission of The Dispatch is to get more of our members involved. We are asking you to submit interest in being a guest writer for our September issue. Perhaps you want to write about pride in your union. Maybe you would like to do an article on Labor Day and how unions played a vital role in the holiday. Maybe you have your own idea for a union focused article. You may contact the Communication's Committee by email at csearegion4@cseainc.org or click on the pen below.



WE DID IT!! THANKS TO YOU!!



There is no doubt about it, we are in the process of completing one of the most challenging school years in history. THANK YOU.

Capital letters do not emphasize the thanks our union has for its members that work in education. Navigating your way through a pandemic school year was an essential contributing factor of bringing it from start to end. Were there bumps along the way?? Sure. However, the pride you should exhibit from being a part of the force that continued the learning ability of children is well-deserved.

Bus drivers, aides, monitors, custodians, maintenance workers are just a few of the titles our members hold in school districts and campuses throughout the region. The extra work that everyone did made the completion of this school year possible.

So again, THANK YOU to all our brothers and sisters that had any part of this school year!!

German Chocolate Cake, by Cindy Pohlmann

June 11th is National German Chocolate Cake Day in the U.S.

I've been married for 26 years to a German American. I've been making German Chocolate cake for our annual Oktoberfest party for many years. I've never seen it at any of the parties thrown by his family. When we were vacationing in Germany a couple years ago, I never saw it. I asked my husband about it. He said it's just not something they make. I had to investigate and I found out: It's not German at all!

Sam German (1802-1888) created the mild dark baking chocolate bar for Baker's Chocolate Company in 1852. The company named the chocolate in his honor – "Baker's German's Sweet Chocolate." The first published recipe for German's chocolate cake showed up in a Dallas Morning Star newspaper on June 13, 1957. The recipe came from a Texas homemaker, Mrs. George Calay. The cake quickly gained popularity



and its recipe together with the mouth-watering photos were spread all over the country. America fell in love with German Chocolate Cake. You may click on the following link for more information about the German Chocolate cake.

<https://whatscookingamerica.net/History/Cakes/GermanChocolateCake.htm>

I've always used the Betty Crocker recipe, first in the cookbook and now on their website. I hope you'll take the time to make it. It makes a beautiful 3 layer cake, but you can also make it in a sheet pan if you're going to have a crowd, like at Oktoberfest.

Enjoy!

Click on the following link for the full recipe.

<https://www.bettycrocker.com/recipes/german-chocolate-cake>

Here are a few more Dad jokes.

Yesterday, I ate
a clock. It
was very time
consuming.

Especially
when I went
back for
seconds.



What do
you call
an alligator
in a vest?

An investigator.



I just burnt
this Hawaiian
pizza.

Guess I
should have
used aloha
temperature.





SPOTLIGHT ON YOU!

It is no surprise to us that Locals and Units are amazing, and the work of their members is tremendous. It's time that we share these amazing stories with the rest of the Region. In each issue of the Dispatch, we are looking to spotlight the efforts, accomplishments and feats of Locals, Units and their members.

We ask that you share with us stories about community action that your Local, Unit or specific members have taken, significant accomplishments of a member or group of members, stories of survival or revival, or any other account describing a significant endeavor that you believe should be shared and/or recognized by others in our Region.

Please send an email to csearegion4@cseainc.org providing a brief description of what you would like to share and your contact information. A member of the Communications Committee will reach out to you.

Recipes

WANTED

We want your favorite Fall recipes for the upcoming issue of The Dispatch. Click on this picture to submit your recipe or send it to csearegion4@cseainc.org for your chance to win a CSEA Swag Bag filled with goodies.

HELP! We Need Somebody!

What would be your preferred way of keeping up to date with news, information and events within Capital Region 4!! Please take the survey by clicking the picture or [here](#). While you are there, June 25th is Global Beatles Day, let us know if John, Paul, George or Ringo was your favorite member of the fab 4!! Thank you!!

