



CAPITAL REGION DISPATCH

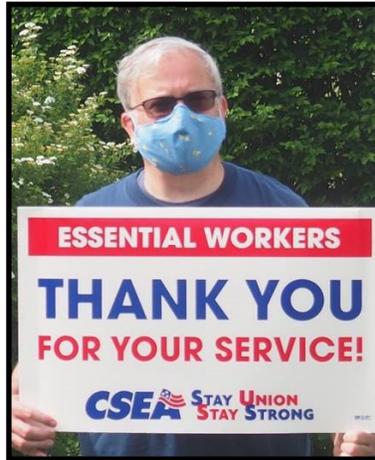
November 2021

President's Message

It's hard to believe that 2021 is almost over. What a year it's been!

COVID continues to impact many aspects of our lives. It's hard to make plans and once they have been made, we have become accustomed to plans changing. The work of our union too has been made more difficult since we are not gathering for in-person events.

Here in the Capital Region, we have tried to organize safe events to keep everyone connected. Our recent movie night at Malta Drive-In was one such example. It was heart-warming to see our union family re-united. And, we are still holding our quarterly board meetings in a virtual fashion. The hope is, by Spring, we can gather



Ron Briggs
CSEA Capital Region President

again in "real life."

I also want to draw your attention to our weekly zoom training series we are bringing back beginning mid-November and running through the end of the year. We did a similar series of trainings in the Spring and it was well received, so the trainings are back

with new offerings on a range of topics from personal finance, to health and safety and by popular demand...a holiday edition of CSEA's Match Game. The sessions run Wednesday's from 6:30-7:30PM and descriptions and registration information are available on our Region web page at <https://cseany.org/R4> under Upcoming Events.

The holidays are a time to come together, to give thanks, to reflect and to enjoy time with family and friends. I wish each of you a magical holiday season and a new year of health and happiness!

In Solidarity,
Ron Briggs

Who wants some candy?

Thursday, November 4th was National Candy Day. What a perfect time to have you vote for your favorite candy of the four selections and to tell us what your "sweet spot" is when a negotiation of a new bargaining agreement is in play. Click on the picture to take the survey.





THANK YOU FOR YOUR SERVICE

Thank you for your service is something we say to our veterans We say it to convey to them that we respect them for serving our country. As we celebrate Veterans day I wanted to take the time to express to our Veterans, what we are thanking them for.

Thank you for standing in front of us, guarding us and defending us. Thank you for fighting for our freedom and preserving our way of life. Thank you for the comfort you provide us by letting us know we will sleep safe tonight. Thank you for your vigilance whether standing a post or guarding our coast. Thank you for the time you missed with your families so we can be safe with ours, and thank you for the pride you give us when we see you.

Scott Gartland
CSEA Capital Region
1st Vice President



VETERANS DAY

On the 11th hour of the 11th day of the 11th month
Comes down to just two simple words to say
THANK YOU
Stop and think about this day
Veterans Day
Celebrating the service of all U.S. Military Veterans
Notice the correct spelling holds no apostrophe
It is not needed
This day is for all who have served
Look around you and see
That gentleman over there with a hat that says USMC
The woman with a T-shirt that says Navy
Your co-worker whose son was in the Army
The pilot who just flew you in, his ring says Air Force
The car in the parking lot that says Coast Guard
Stop, ask and THANK them for their service
Not just today
But everyday
To the Veterans of the past, THANK YOU
To the Veterans of the present, THANK YOU
Because of you
We will remember to say
THANK YOU
To the Veterans of the future

Jennifer Kiesling (c) 2014



MEMBER SPOTLIGHT

WE NEED YOU!

The Dispatch is looking to become more member focused. We are calling on our brothers and sisters to make it happen. We want to put the spotlight on you, or someone you work with in our next issue. We know how much pride our Capital Region 4 members have in doing the duties of their positions and we want to display as much pride as we possibly can in our next issue. Please email the communications committee at

csearegion4@cseainc.org

And the winner is . . .



Lynne LeMorta Mattison, Saratoga Educational Local 864 President was presented with the 2021 President's Award by Local 864 1st Vice President, Stuart Whipple.

Capital Region President Ron Briggs announced during the September 28, 2021 Region 4 Executive Board meeting via zoom, "it was my honor to present Lynne Mattison with the Region 4 President's award in recognition of the hard work she has done in uniting the Saratoga Educational Local". Lynne has worked tirelessly to build relationships with the 11 units in the local allowing every leader to know they are not alone. Lynne has built a culture of togetherness for all the units who know she will stand by them through any challenge.

Lynne stated that she was "shocked , humbled , and it was quite an honor to receive this award". It takes a village, my unit and unit members are a village and without my village I wouldn't be the strong person that I am. I accept this award on behalf of the entire local.

Holiday Giving

City of Troy Unit members collected cake and frosting mix for the Oakwood Community Center. The items donated will become part of a complete meal kit to be given to 120 Troy families as part of the community center's holiday pantry program.



Pumpkin Cheesecake Bars, by Cindy Pohlmann



I love Thanksgiving. It's one of my favorite holidays. I used to make pumpkin pie, cheesecake, chocolate trifle, and apple pie. However, as my family has gotten smaller, there were just too many desserts left over. So, I started combining the pumpkin pie and the cheesecake. It was a big hit with my family. I hope it will be with yours. Happy Thanksgiving!

Pumpkin Cheesecake Bars

Crust:

2 cups graham cracker crumbs (You can also use gingersnaps)

¼ cup sugar

1 stick of butter, melted

Filling:

6 8oz blocks of cream cheese, softened

2 cups sugar

6 eggs, room temperature

1 ½ teaspoons vanilla

1 ½ cups pumpkin puree, not pumpkin pie filling

2 teaspoons pumpkin pie spice

Whipped cream for serving



Preheat oven to 300 degrees.

Spray a 9x13 pan with cooking spray.

Combine crumbs, sugar, and butter. Press into the bottom of pan. I use a measuring cup to press it down well.

Bake crust for 10 minutes. Remove from oven and set aside to cool while making the filling.

In the bowl of a stand mixer, combine the cream cheese and sugar. Beat until combined.

Add eggs, one at a time, beating after each addition.

Add vanilla and beat for 30 seconds, until everything is combined. Scraping down at least once.

Pour ½ the mixture into the graham cracker crust. Spread into an even layer.

Add the pumpkin puree and the pumpkin pie spice to the remaining cheesecake mixture. Mix to combine.

Pour over the vanilla layer carefully if you'd like nice layers. If you'd prefer a marbled look, spoon the pumpkin mixture into the vanilla layers and drag a butter knife through both layers for a swirled look.

Bake for 1 hour and 10 minutes. Turn off oven and open the oven door slightly. If your oven door won't stay open, put a wooden spoon in the door to hold it open. Allow bars to cool in the oven for an hour. Refrigerate for at least 4 hours, preferably overnight.



SPOTLIGHT ON YOU!

It is no surprise to us that Locals and Units are amazing, and the work of their members is tremendous. It's time that we share these amazing stories with the rest of the Region. In each issue of the Dispatch, we are looking to spotlight the efforts, accomplishments and feats of Locals, Units and their members.

We ask that you share with us stories about community action that your Local, Unit or specific members have taken, significant accomplishments of a member or group of members, stories of survival or revival, or any other account describing a significant endeavor that you believe should be shared and/or recognized by others in our Region.

Please send an email to csearegion4@cseainc.org providing a brief description of what you would like to share and your contact information. A member of the Communications Committee will reach out to you.



There is still time to register for the remaining Wednesday R4 Zoom trainings including a fun Match Play Holiday Edition. Follow the link to learn more under "upcoming events."

<https://cseany.org/R4>



Looking to get more active in your union?

CSEA Capital Region has many member-run committees doing a range of activities and programs. If any of these committees are interesting to you, email us at

csearegion4@cseainc.org

Tell us about yourself and your interests to be considered for an appointment.

Audit & Budget

By-Laws

Communications

Education

Health & Safety

Human Rights

Local Gov't & School Districts

Membership

Next Wave

PEOPLE

Political Action

Program

Veteran's

Women's