

# HOME EMERGENCY PREPAREDNESS

INFORMATION AND RESOURCES ON EMERGENCY PREPAREDNESS FOR YOUR HOME AND FAMILY

Human-made & natural disasters have continued to grow in frequency and severity since the 1950s.<sup>1</sup> Possible disasters include:

- Hurricanes
- Floods
- Blizzards
- Fires
- Wildfires
- Earthquakes
- Tornadoes
- Derechoes (Inland Hurricanes)
- Thunderstorms
- Transportation Incidents
- Land/Mud Slides
- Wind Storms
- Polar Vortexes
- Power Outages
- Water Contamination
- Pandemics
- Droughts
- Structure/Infrastructure Failure
- Acts of Terrorism
- Heat Waves
- Hazardous Material Spills

Being prepared for all of these events reduces the potential for loss of life and property and reduces the burden on emergency personnel and essential workers. Whether you and your family must evacuate, lock down or shelter in place, having plans and necessary resources may be the key to survival.

The website Ready.gov has materials that can help your family plan for disasters by assisting with evacuation routes, communication plans, connecting to alert and warning systems, special needs planning, preparedness for kids, pets and home.

Life ALWAYS comes before property, however having plans and materials on the ready if any of your home is damaged can save time and money. Plywood to cover broken windows and skylights, tarps for roofs and plastic coverings along with nails and fasteners will be hard to come by after disaster strikes, especially if the disaster has affected a large area.

Cleaning up your home and neighborhood after disasters can be very dangerous and permanent injury and illness can occur when rushing to get back to normal. When cleaning out flooded properties always disconnect any electrical source before entering any standing water and wear a N-95 respirator to limit exposures to mold and other toxic substances.

When operating a chainsaw, it is important to have proper training, experience and personal protective equipment including chaps, gloves and face protection.

Don't lift heavy soaked items that weigh over 50 by yourself and always test the weight by rocking an item before lifting. Two or more person lifting is best for heavy items.

<sup>1</sup>Banholzer S., Kossin J., Donner S. The Impact of Climate Change on Natural Disasters. In: Zommers Z., Singh A., editors. Reducing Disaster: Early Warning Systems for Climate Change. Springer Science & Business Media; Dordrecht, The Netherlands: 2014.



# PREPAREDNESS CHECKLIST

Non-Perishable Food (7-10 days /family member)

Water (1 gallon /day for each person)

Water Purification Tablets

Containers/Cups/Utensils/Can Opener

Waterproof Matches

Weather Radio/Two Way Radios

Rain/Snow Gear

Flashlight/LED lanterns

Power Banks/Chargers

First-Aid Kit

Batteries

Whistle

Masks/Respirators

Toilet Paper/Wipes

Hand Sanitizer/Cleaners

Towels

Garbage Bags

Plastic Ties

Copies of Insurance, Banking & Medical Documents

Emergency Contact Information

Plywood for Windows

Duct Tape

Plastic Sheeting

Tools/Nails/Fasteners

Maps

Backpacks

Extra Clothing

Gloves

Eye Goggles

Blankets

Sleeping Bag

Medications (10 day supply)

Glasses/Contacts

Shampoo/Soap

Toothpaste/Brush

Comb/Brush

Deodorant

Sunscreen/Aloe Vera

Feminine Hygiene Products

Baby Formula, Bottles, Diapers

Baby Wipes, Rash Cream

Cash

Shovel

Flares

Jumper Cables

Glow Sticks

Extra Gasoline

Generator

Fire Extinguisher

Books/Games/Activities



Emergency planning for pets is a part of being a responsible pet owner.

Some hotels and shelters will not accept pets or will only accept pets that have their required shots.

Keep microchipping devices activated and have a picture of you with your pet so that you can find them if separated.

Have someone who can take care of your pet if you are at work or out during an emergency.

Have carriers, collars and harnesses/leashes for each pet.

Have kits for your pets which include, food, water, medicine, grooming supplies, litter or bags, toys, treats and bedding.

**For more information and resources visit:**

**[www.cseany.org/safety](http://www.cseany.org/safety)**



**Follow the CSEA Safety Net on:**



CSEA has been winning the fight for safe and healthy working conditions for over 100 years, yet there is more to be done. Hazards old and new- from Asbestos to Zika- remain a threat to workers every day. CSEA will not back down from the fight and nothing is more important than saving lives and keeping workers free from injury. Your help is needed now more than ever.

*The life you save could be YOUR OWN.*

