



YOU BELONG AT THE Y

SAVE up to \$100

Join any of the participating YMCAs listed on the back and **we'll waive the joiner's fee!**

- Memberships can be activated and used at any/all participating YMCAs listed on the back.
- You must bring proof of CSEA membership, when you join, either by downloading your CSEA membership card on the "my CSEA" App or by contacting CSEA's Member Benefits Department at member.benefits@cseainc.org to request a notice of membership verification to present at the participating YMCA.
- Offer valid on all Young Adult, Adult, Family and Senior memberships.
- Members are responsible for paying the monthly balance due for their membership.



JOIN TODAY!

PARTICIPATING YMCAs

CAPITAL DISTRICT YMCA

Bethlehem Branch

900 Delaware Ave. Delmar
518.439.4394

Duanesburg Branch

221 Victoria Drive, Delanson
518.895.9500

Glenville Branch

127 Droms Rd., Glenville 518.399.8118

Greenbush Branch

20 Community Way, E. Greenbush
518.477.2570

Greene County

35 Route 81 Hope Plaza, W. Coxsackie
518.731.7529

Guilderland Branch

250 Winding Brook Dr., Guilderland
518.456.3634

Schenectady Branch

433 State St., Schenectady
518.881.0117

Southern Saratoga Branch

1 Wall St., Clifton Park 518.371.2139

Troy Branch

2500 21st St., Troy
518.272.5900

LITTLE FALLS YMCA

15 Jackson St, Little Falls
315.823.1740

PLATTSBURGH YMCA

17 Oak St., Plattsburgh
518.561.4290

SARATOGA REGIONAL YMCA

Battenkill Branch

184 Main St., Greenwich
518.587.3110

Corinth Branch

119 Gabriel Rd., Corinth
518.583.9697

AUBURN YMCA-WEIU

27 William Street,
Auburn 315.253.5304
No Joiner's Fee

Skaneateles YMCA & Community Center

97 State Street, Skaneateles
315.685.2266

YMCA OF MOHAWK VALLEY

Mohawk Valley 83
East Main Street
315.866.6570

Malta Branch

100 Saratoga Village Blvd. #22, Malta
518.583.9623

Saratoga Springs Branch

290 West Ave., Saratoga Springs
518.583.9622

Wilton Branch

20 Old Gick Rd., Saratoga Springs
518.587.3000

YMCA OF BROOME COUNTY

Binghamton YMCA

61 Susquehanna St, Binghamton
607.772.0560

West Family Branch YMCA

740 Main St, Johnson City
607.770.9622

YMCA OF LONG ISLAND

Brookhaven Roe YMCA Center

155 Buckley Rd., Holtsville
631.289.4440

Great South Bay YMCA

200 W. Main St., Bay Shore
631.665.4255

YMCA OF MIDDLETOWN

YMCA of Middletown

81 Highland Ave, Middletown
845.344.9622

South Orange Family YMCA

45 Gilbert Street Extension
Monroe, NY 10950
845.782.9622

YMCA of Sullivan County

98 Wild Turnpike
Rock Hill, NY 12775
845.395.1024

YMCA OF GREATER SYRACUSE

East Area Branch YMCA

200 Towne Dr., Fayetteville
315.637.2025

CORTLAND COUNTY FAMILY YMCA

22 Tompkins Street, Cortland
607.756.2893
No Joiner's Fee

YMCA OF ITHACA & TOMPKINS COUNTY

50 Graham Road, W, Ithaca
607.257.0101

YMCA OF KINGSTON & ULSTER COUNTY

507 Broadway, Kingston
845.338.3810

Downtown YMCA

340 Montgomery St, Syracuse
315.474.6851

Manilus YMCA

140 W. Seneca St., Manilus
315.692.4777

North Area Branch YMCA

4775 Wetzel Rd, Liverpool
315.451.2562

Northwest Family YMCA

8040 River Rd., Baldwinsville
315.303.5966

Southwest YMCA at OCC

4585 West Seneca Turnpike, Syracuse
315.498.2699

YMCA OF THE TWIN TIERS

Olean YMCA

1101 Wayne St., Olean
716.373.2400

Wellsville YMCA

133 Bolivar Rd, Wellsville
585.593.3246

GLOW YMCA

Genesee County YMCA

209 East Main St., Batavia
585.344.1664

Orleans County YMCA

306 Pearl St., Medina
585.798.2040

Wyoming County YMCA

115 Linwood Ave., Warsaw
585.786.2880

THE YMCA FAMILY OF WATERTOWN

YMCA

119 Washington Street
Watertown, NY 13601
315-782-3100

Fairgrounds YMCA

585 Rand Drive
Watertown, NY 13601
315-755-9622

Sackets Harbor YMCA

119 Pike Road
Sackets Harbor, NY 13685
315-646-7053

Carthage YMCA

250 State Street
Carthage, NY 13619
315-493-3286