



CAPITAL REGION DISPATCH



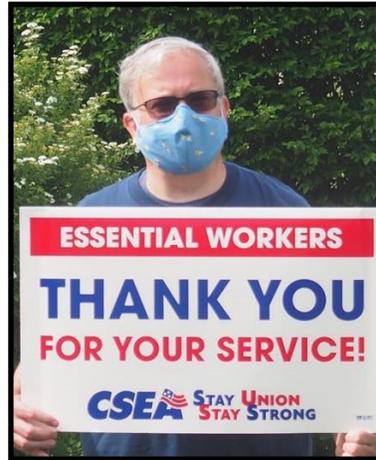
June
2022

President's Message

Our family just got bigger!
Sounds like a birth announcement.
It sort of is.

Last month, following a lengthy organizing campaign, employees of Northeast Parent and Child Society voted to form a union with CSEA. Northeast Parent and Child Society runs residential facilities and provides services for youths struggling in their school and/or home life. So, please help me welcome these 88 new members to our family.

Lots of union families are growing as part of a nationwide trend. Amazon warehouse workers and Starbucks barista's are the most known, but every day in every state there are more and more organizing efforts and more workers choosing to form a union. Recently, the Time 100 most influential individuals of the last year was televised. Chris Smalls, lead organizer for the Amazon warehouse workers in NYC was honored. Look how far we have come, that a union organizer is honored as one of the 100 most influential?



Ron Briggs
CSEA Capital Region President

People are realizing that American workers have taken a back seat to corporate interests. A pandemic has spurred that movement on. A pandemic, where billionaire business owners increased their wealth by \$1.7 trillion dollars while we struggle to pay bills. In the last quarter of 2021, corporate profits in the United States rose to their highest level on record; 2.53 trillion.

Leveling the playing field is the mission of a union. We don't believe in promises, we believe in contracts, and we believe in the power of a collective. But I am preaching to the choir. You are part of our union family. But, there are many who aren't and want to

join. If you know someone that needs a union, if you know someone that deserves a union, reach out to us. Send us an email about the situation at csearegion4@cseainc.org and we will get you in touch with someone from our organizing department who can discuss the issues. Staying strong means having a loud common voice for working families. Staying strong means having others join us on our journey. Staying strong means welcoming those new 88 members to our family with open arms as well as any others who want to join in efforts to uplift working families.

Corporate profits and empty promises don't help workers, but unions do!

In Solidarity,
Ron Briggs

Did you hear....

AGREEMENT
CONTRACT



[This Photo](#) by Unknown Author is licensed under [CC](#)

***CSEA and the State Of
New York have reached a
Tentative Agreement.***

*Find out more information by attending one of the following presentations from the State Negotiation team.....**Must be a member to attend.***

Register at Region 4 Office by phone at 518-782-4402 or by email at csearegion4@cseainc.org by 6/24/202

VIRTUAL MEETING –

Two Zoom meetings have been scheduled with the Contract Negotiation Team to review the details of the Tentative Agreement...

June 30, 2022

5:30pm – 7:00pm or

7:00pm – 8:30pm

CSEA 
Members **Always Essential**
CSEA, AFSCME Local 1000, AFL-CIO • cseany.org

We Are Family

I was at the CSEA Region 4 Presidents conference in April. We always refer to each other as brother and sister, but this really struck home this weekend. We are family was the unofficial theme of the weekend.

It was my first conference post Covid and I was a bit nervous. There was no reason. Between the air filtering, the masks, and the small group; we were all fine. Unfortunately, Ron was not able to join us, but Shana did a great job. It was great meeting so many new people. I became president of my local in the middle of Covid so this was my first presidents conference. On Saturday afternoon, we had an activity saying what we were thankful for and then the group said 'Cheers'. We had so much fun doing it; it ran over and it was time to get our drink tickets for the meet & mingle. We decided to get our drinks and bring them back to the room so we could continue. It was so uplifting!

Cindy Pohlmann



A hugely successful Spring Conference weekend brought together 130 activists from around the region to build union power through training, education, skill-sharpening and mentorship.



Congratulations to the 2022 Capital Region
Cornhole Champions
Kathleen Rider and Gavin Roberts

WE ARE FAMILY

“Meet Buster. Buster is a non-member. He doesn’t pay dues but expects all the benefits of union membership. Join Buster as he learns what being a non-member really means at work.”



“Wait? What? I can’t access any CSEA member benefits like free college, test prep, travel discounts or CAP COM financial assistance?”



NEW DATES....
Region 4 Annual Conference.
Now is September 23-25, 2022
Surfside on the Lake, 400
Canada St., Lake George



Don't miss out!

Recipes by Kathleen Rider



Parfait Recipe

INGREDIENTS

- 4 Cups graham cracker
- 3 Tablespoons granola
- Heapfuls of yogurt
- 2 Tablespoons honey
- 2 Teaspoons lemon zest
- ½ Cup chopped strawberries
- ¼ cup blueberries
- Dollop of whipped cream

DIRECTIONS

1. Mix graham cracker, granola, and honey to form a solid base
2. Add in yogurt and lemon zest
3. Sprinkle in strawberries and blueberries
4. Top with a dollop of whipped cream
5. Parfaits are delicious for all meal times!



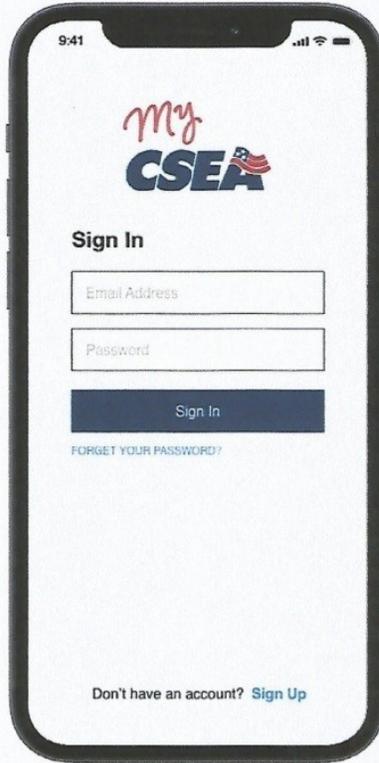
Union Recipe for Success

INGREDIENTS

- 4 Cups of leaders
- 3 Tablespoons of activists
- Handfuls of members
- 2 Tablespoons education
- 2 Teaspoons ideas
- ½ Cup engagement
- ¼ cup goals
- Dollop of Strength & Unity

DIRECTIONS

1. Mix leaders, activists, and education to form a solid base
2. Add in members and engagement
3. Sprinkle in ideas and goals
4. Top with a dollop of strength & unity
5. Success is always better when shared!



[View Interactive Demo](#)

Introducing the enhanced *My CSEA* mobile app!

CSEA has launched a completely revised version of our already popular *My CSEA* smartphone app, available for Apple and Android devices, with enhancements to the user experience and new tools making it more useful than ever before!

[Privacy](#) [Terms](#)

