



**CENTRAL REGION OFFICE**  
**6595 Kirkville Road, East Syracuse, NY 13057**  
**315-433-0050**

**Stay Union ★ Stay Strong**

**Kenneth Greenleaf**  
Region President

**Bob Riley**  
Region Director

## **Welcome to the CSEA Region 5 Bulletin Board Kit!**

*We've developed this kit to give you some of the tools to create more effective and up-to-date union bulletin boards for your workplaces.*


### **Enclosed are:**

- Make Your Bulletin Board Work For You - guidelines for establishing effective bulletin boards
- Do-it-yourself Bulletin Board Header - fold in half lengthwise, cut along the fold, tape top and bottom together to create a nice header for your bulletin board
- My most recent seasonal President's Message
- Blank CSEA Meeting Notice Templates
- Blank CSEA Notice Templates
- Blank CSEA Bulletin Templates
- Region 5 Professional Staff Services Flyer
- Fill-in-the-blank "At Your Service" Flyer - a flyer to list your officers and their contact information
- Region 5 Online Promotional Flyer
- Voter Registration Form
- CSEA/AFSCME P.E.O.P.L.E. Program Flyer
- Pearl Insurance Programs Flyer
- Know Your Rights - Legal Services Program poster
- Member Benefits flyers - to promote various union benefit programs

**Remember, your union bulletin board may be one of the primary sources your members use to receive timely information from CSEA. Make it work for you!**

Thanks to Labor Relations Specialist Richard McCormack for the initial idea that sparked this project. Please call our Region Office at 315-433-0050 if you need additional copies of this kit or other CSEA materials you can post, or have ideas for additional materials we should include in the future.

In Solidarity,

  
Ken Greenleaf, President  
CSEA Central Region 5

# **CSEA** **Bulle**

**New York's Leading Union**

***tin Board***

- **[www.cseany.org](http://www.cseany.org)**



# CSEA Region 5 Leadership



**President**

**Kenny  
Greenleaf**

Kenny.Greenleaf@cseainc.org



**Executive VP**

**Chantalse  
DeMarco**

csea5demarco@gmail.com



**1st VP**

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Hingher**

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**2nd VP**

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**3rd VP**

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**Treasurer**

**Amy  
Simmons**

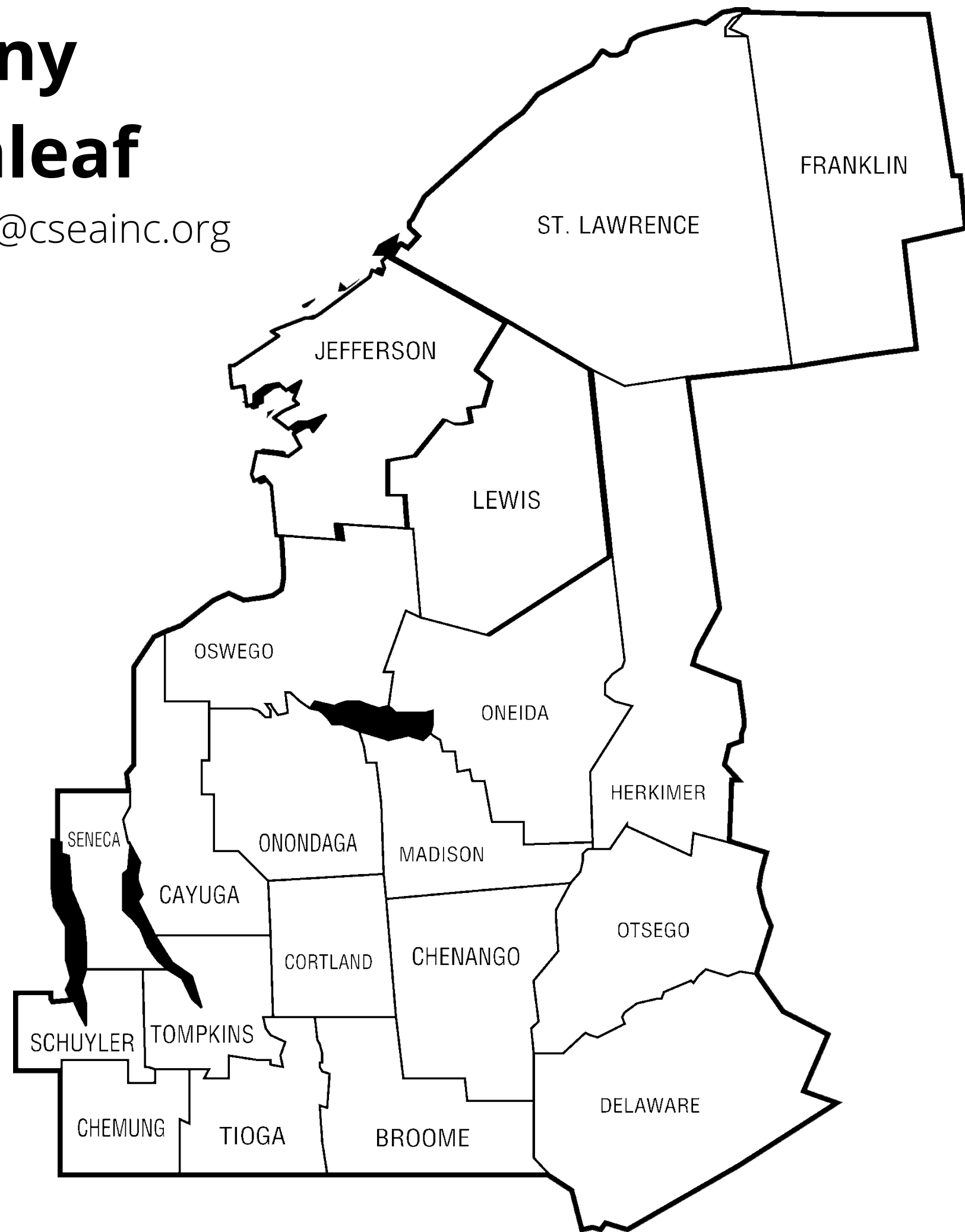
csea5asimmons@gmail.com



**Secretary**

**Dan  
Vadala**

dvadalacsea834@gmail.com



**CSEA Region 5 Office - 6595 Kirkville Rd. - East Syracuse NY 13057**

**Phone (800) 559-7975 - Fax (315) 433-0915**



# Is YOUR Bulletin Board....

- A museum of ancient history?
- A dumping ground for tons of paper?
- The last place members look for important information?

Make YOUR  
Bulletin Board  
Work for YOU!

**1** If you answered YES to any of these questions, *keep going...*

**2**

- Put someone in charge.
- Appoint bulletin board monitors.

**3**

- If you have bulletin boards at various sites, appoint more than one monitor.

**4**

*Monitors have many duties:*

- Taking down old notices.
- Putting up new notices.
- Making sure important messages are prominently displayed.

**5**

*CSEA has the tools to help make your bulletin board better.*

- **Colorful bulletin board notices.** Easy to use. Just fill-in-the-blanks.
- **CSEA Bulletin Board kit.** For a supply, contact the Communications Specialist at your Region Office.
- [www.cseany.org](http://www.cseany.org). Visit our website for updated information.





# Central Region 5

## Professional Staff Services



### Labor Relations

Whether it's negotiating a new contract, enforcing the terms and conditions of your current contract or fighting unfair disciplinary actions or violations of your contract rights—CSEA officers turn to CSEA's professional **Labor Relations Specialists (LRSs)**. Your assigned LRS works one-on-one with your local leadership to help guide and assist them in all their Labor Relations needs. They also act as your authorized bargaining agent and chief negotiator at the bargaining table and your point person to accessing all of CSEA's available benefits and services.



### Communications

When CSEA needs to get our message to the media, the public, elected officials, or our memberships, assistance is available from **Region 5 Communications Specialist Nick Newcomb**. Whether it's posting on social media, developing Letters to the Editor, contract campaigns and informational pickets, press releases or publishing member-driven articles for CSEA's statewide publication The Work Force, Madison can help with all our union communications needs.



### Political Action

By participating in the political process, we strengthen our voice at work. That's why CSEA has a Political Action Department. In Region 5, all political activities are conducted with the assistance of **Political Action Coordinator Josh Schick**. Chris can help CSEA leaders and activists get involved in the political process in many ways, whether it's endorsing politicians who will listen to our issues, running voter registration drives, or getting political support to save jobs or services.



### Health and Safety

If you have a safety and health issue at your workplace or want help deciphering safety laws and regulations designed to protect you, then look no further than Region 5's very own **Occupational Health and Safety Specialist Josh Kemp**. Illa is available to assist safety and health committees and Local/Unit officers and activists conducting work site walk-throughs to assess existing or potential hazards. She can also assist in filing safety complaints or conducting training for workers on safety issues.



### Legal Assistance

When CSEA members need legal representation for work-related matters, CSEA has a network of **Region Attorneys** who work with our leaders and staff to make sure that members' legal rights are protected. Subject to approval of CSEA's Legal Assistance Program, CSEA provides, at no cost to the member, an attorney for arbitrations and other legal actions. Also on tap are the union's own **Legal Department staff Attorneys**, who have regularly scheduled visits to the Region to meet with staff and members over legal issues.



### Organizing

If you belong to or know of a group of non-unionized employees who want to empower yourselves through joining New York's leading union, then the **CSEA Organizing Department** staff are the folks to talk to. They will assist you and your co-workers in joining CSEA and are available to meet confidentially with workers interested in finding out more about the many benefits and services that accompany CSEA membership.

To contact CSEA Central Region 5 professional staff representatives please contact the Central Region Office at 315-433-0050 or visit us at [cseany.org/r5](http://cseany.org/r5)



Your union has a network of easily accessible services. Here are the people you should get to know to get these services to work for you.

**Get to know CSEA**

**AT  
YOUR  
SERVICE**

Your **PRESIDENT** is: \_\_\_\_\_

Your **VICE PRESIDENT** is: \_\_\_\_\_

Your **SECRETARY** is: \_\_\_\_\_

Your **TREASURER** is: \_\_\_\_\_

Your **SHOP STEWARD** is: \_\_\_\_\_

Your **GRIEVANCE REPRESENTATIVE** is: \_\_\_\_\_

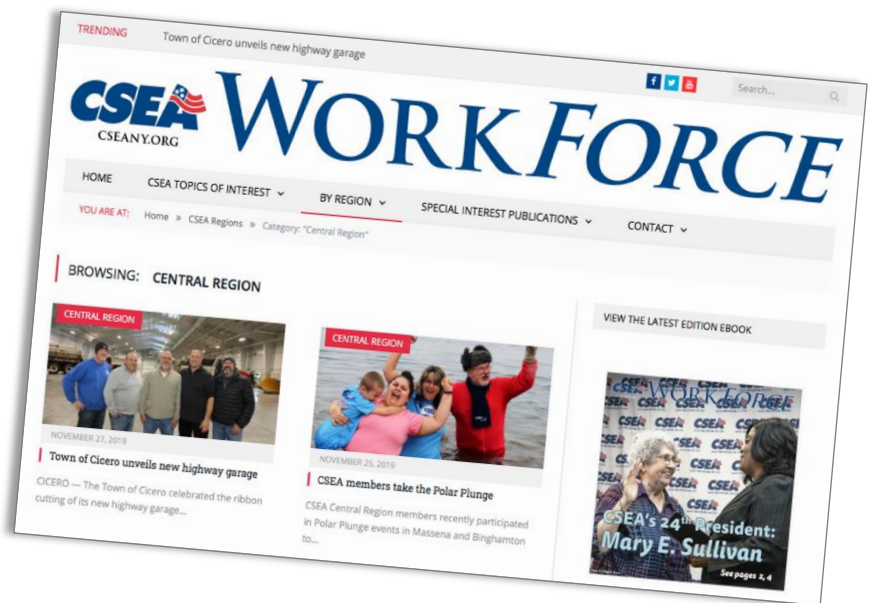
Your **LABOR RELATIONS SPECIALIST** is: \_\_\_\_\_



# Follow CSEA Region 5 Online!

visit our **Region 5 Work Force** page:  
[www.cseany.org/workforce](http://www.cseany.org/workforce)

- Get the latest news of what's happening in our Region
- Messages from our Region President
- Events taking place in our Region



visit our **Region 5 Facebook** page:  
[www.facebook.com/csearegion5](http://www.facebook.com/csearegion5)

- Get updates
- Give feedback
- Be social

Follow our **Region 5 Twitter**:  
[@CSEA\\_Region5](https://twitter.com/CSEA_Region5)



# **KNOW RIGHTS**

## **YOUR**

### **WORKERS' COMPENSATION**

If you are injured at work or you have a work-related medical condition (such as a repetitive stress injury like carpal tunnel syndrome) or an occupational disease, notify your employer and see a physician who accepts Workers' Compensation.

### **SOCIAL SECURITY DISABILITY BENEFITS**

If your physician says you have medical conditions that prevent you from working for at least a year, if you are under retirement age, or even if you are collecting a pension or ready to retire, you may be eligible for Social Security Disability (SSDB).

### **PERSONAL INJURY CLAIM**

If you have been injured in an auto accident outside of work, or from a dog bite, from a non work-related slip and fall or due to a malfunctioning product, you may have a Personal Injury claim.

### **VETERANS DISABILITY CLAIM**

If you are a veteran and have been denied a service-related medical disability for medical issues such as Post Traumatic Stress Disorder, effects from Agent Orange or other chemicals, you may have a veterans disability claim.

### **PERSONAL LEGAL SERVICES PLAN**

Provide you and your dependents with the knowledge and affordability to protect your legal rights in personal matters.

### **TAKING CARE OF BUSINESS**

Illness or disability requiring long-term care can happen at any time to you, your spouse, child or parent, and threaten savings or your home ownership. Access attorneys who specialize in these areas.



*The CSEA Legal Department oversees the Legal Services Program and CSEA has endorsed the statewide law firm of Fine, Olin & Anderman, LLP, to represent members for injury-related matters. Call CSEA Headquarters at (800) 342-4146 and advise a Member Solutions Specialist you are inquiring about legal services or injury-related matters.*

## **WE CAN HELP!**



## CSEA offers every member a \$10,000 Accidental Death Benefit

- This benefit is available to you as a member in good standing. There is no cost to you!
- Since the program began in 2014, this benefit has already helped more than 60 families recover from a sudden, tragic loss.

Fill out the beneficiary form on the back  
or go to <https://cseany.org/10KAD>

Return completed forms to:  
CSEA Member Solutions Center, Insurance Unit  
143 Washington Avenue  
Albany, NY 12210

Complete the beneficiary form so this  
benefit goes to who YOU designate as  
well as the Membership Verification/  
Update form to ensure we have your most  
current information in the event of a  
claim by visiting  
<https://cseany.org/10KAD>.



"This benefit  
will really help  
my family out if  
something should  
ever happen to  
me. It means a lot  
to me to see how much CSEA cares  
about the well being of members and  
their families. Whether it's on the job  
or off, CSEA has our back."

— Jarvis "Tim" Brown  
Town of Oyster Bay



"I now have more  
peace of mind. If  
anything happens  
to me, whether I  
am on the job or  
not, there will be  
additional coverage for my family  
because of CSEA. The more I learn  
about my union, the more I realize  
just how valuable my CSEA  
membership is."

— Nikki Johnson, CSEA/VOICE  
Local 100A Dutchess County  
Chapter Representative



Accidental Death (AD) Beneficiary Form  
Customer Number TS 05050044-G



Group Policyholder Name: Civil Service Employees Association, Inc.

## SECTION I – Insured Information

First Name _____	M. _____	Last name _____	Date of Birth _____
Address – Street _____		Non-Work Email _____	Non-Work Phone Number _____
City _____	State _____	Zip _____	SSN _____
Job Title _____		Place of Employment/Location _____	

## SECTION II – Beneficiary Information Complete the section that pertains to the type of beneficiary you are designating.

**PRIMARY BENEFICIARY** - Your first choice to receive your life insurance proceeds in the event of your accidental death. If any primary beneficiaries predecease you, that person's share will be equally divided among any remaining primary beneficiaries.

First Name _____	M. _____	Last name _____	Date of Birth _____
Address – Street _____		Phone Number _____	
City _____	State _____	Zip _____	SSN _____
Relationship to Member _____	% Share _____	You <b>MUST</b> designate at least one primary beneficiary. A person may <b>only be listed once</b> . The sum <b>MUST equal 100%</b> .	

**CONTINGENT BENEFICIARY** - Your second choice to receive your life insurance proceeds if ALL of your primary beneficiary(ies) are not living at the time of your death. If any contingent beneficiaries predecease you, that person's share will be equally divided among any remaining contingent beneficiaries.

First Name _____	M. _____	Last name _____	Date of Birth _____
Address – Street _____		Phone Number _____	
City _____	State _____	Zip _____	SSN _____
Relationship to Member _____	% Share _____	The sum of the Primary & Contingent Beneficiary percentages <b>MUST equal 100%</b> . Dollar amounts, fractions & decimals will not be accepted.	

*If you need more space for additional beneficiaries use an additional sheet of paper. For living trust, or estate, visit [www.cseainsurance.com/Products-Forms/Term-Life](http://www.cseainsurance.com/Products-Forms/Term-Life) to download the full form and submit to CSEA, Inc., ATTN: MSC, Insurance Department, 143 Washington Ave., Albany, NY 12210.*

## SECTION III – Signature & Attestation

I hereby authorize the Civil Service Employees Association, Inc. (CSEA), Local 1000 AFSCME, AFL-CIO, to be my exclusive representative for collective bargaining and therefore revoke any other representative that I may have previously designated. I also hereby authorize the fiscal or payroll officer of my employer to deduct CSEA dues from my salary in the amount certified by CSEA in this and succeeding years of my employment and membership. Dues, contributions or gifts to CSEA are not tax deductible as charitable contributions. However, they may be deductible as ordinary and necessary business expenses.

I may revoke this authorization by sending a letter stating my intent to resign, along with my name, address, telephone number, and CSEA ID number, by United States Postal Service First Class Mail, to: CSEA Statewide Secretary, CSEA, Inc., 143 Washington Ave., Albany, NY 12210.

I hereby revoke any previous designations, and I designate the person, people, or entity named in Section II as Beneficiary(ies). I reserve the right to change or revoke this designation at any time.

**I acknowledge that I am a Member in good standing, which entitles me to this \$10,000 AD policy.**

\_\_\_\_\_  
A Ya VYf'BUa Y'fD'YUgY'Df]bH'

\_\_\_\_\_  
A Ya VYf'GJ[ bUf fY'

8 Uh'fAi ghVY'XUH'Z:fa 'k Ug'W'a d'YH'XL'

**By checking this box I consent to receive calls (including recorded or autodialed calls or texts) at my cell phone number from CSEA and its affiliated labor organizations on any subject matter. You may modify your preferences by calling CSEA at 1-800-342-4146 or visiting the CSEA website at [cseany.org](http://cseany.org).**



# CSEA Members Need Political Clout

Many members think that their union should stay out of politics and ONLY negotiate contracts ... but, negotiating contracts does not happen by itself. CSEA's clout at the bargaining table is directly related to securing budget funds to pay for your salary, health insurance and other benefits. Your voice on these issues is through PEOPLE and political action.

The contracting out of services, how your pension is calculated, Social Security, your seniority and civil service rights, worksite protections, PESH and OSHA are all decided in the legislative and budget process, not in contract negotiations! Cuts to these programs mean cuts in your benefits and rights! Your voice on these issues is through PEOPLE and political action.

The vital services government provides and how those services will be provided is determined in the budget process of every school, village, town, city, county and for the state as well. If not for political action, CSEA cannot represent you when these decisions are made! Your voice on these issues is through PEOPLE and political action.

## *How Can CSEA & PEOPLE Increase Your Clout?*

CSEA's PEOPLE program protects and improves our jobs, benefits and pensions in Washington, Albany and in your community. Your participation in PEOPLE strengthens CSEA's clout in the workplace, in the legislature, in your community and in the labor movement.

### **BUDGETS & BILLS: CSEA'S LOBBYING CLOUT**

- Research, analysis and breakdowns on what government budgets, bills and other proposals mean to you and how they affect your job, benefits and pensions.
- Lobbying for funds to better your contracts and to make sure our elected officials know when their position helps ... or hurts you.
- Testimony at public hearings to educate elected officials about how their decisions affect you.



### **MEMBER EDUCATION & INVOLVEMENT**

- Lobby Days, phone banks, letter writing campaigns, fliers and other important resources to make sure YOU have the tools to fight back when harmful proposals are introduced.
- Member education and information about where candidates stand on the issues that affect your work life and pension ... so you can be informed when you vote.

### **ISSUE ACTION**

**POLITICAL CLOUT** is important in passing laws that improve the lives of CSEA members but it is also important in making your voice heard when problems like privatizing services or closing facilities arise. Political Clout can be used to help stalled contract battles and aid in organizing new members. Whether it's a school, village, town, city, the state or the national government, every CSEA members will need political clout at some time in their career.

### **ELECTION ACTION**

**POLITICAL ACTION** provides education materials for CSEA members about where politicians stand on issues that affect your work lives so you can make informed decisions on Election Day. CSEA members also volunteer through political action to provide grassroots, phone bank and financial help for candidates who will fight for you as elected officials.

Since 1910



Make Your Voice Heard



# Quick Guide to my **CSEA** Member Benefits

1-800-342-4146

[cseany.org/mb](http://cseany.org/mb)

## ADVANCEMENT

### • CSEA WORK Institute

- Civil Service Test Preparation Services
- Job Skills Training
- Child Care Provider Resources and Professional Development

Visit: <https://cseany.org/csea-work-institute>  
or call: 866-478-5548

### • Excelsior College

Earn an online Associates, Bachelor's or Masters degree at discounted tuition rates.

Visit: [nyscsea.excelsior.edu](http://nyscsea.excelsior.edu)

## SCHOLARSHIPS

### • CSEA Scholarships

- Irving Flaumenbaum Memorial Scholarship
- Visit: <https://cseany.org/scholarships>

### • AFSCME Scholarships

- Gerald W. McEntee Scholarship
- AFSCME Affiliate Scholarship Program
- AFSCME Family Scholarship
- Union Plus Scholarship
- William Lucy Labor Scholarship Fund

Visit: <https://cseany.org/scholarships>

## FINANCE

### • CAPCOM/CSEA VISA® Credit Card

CSEA members and their family members have EXCLUSIVE ACCESS to this member-only benefit, offering a fixed rate as low as 8.9% Annual Percentage Rate, no annual fee and lots of extra perks!

Visit: [www.capcomfcu.org/csea](http://www.capcomfcu.org/csea)

### • CAP COM Auto Loans/Auto Refinance

Low rate auto loans/refinance

Visit: [www.capcomfcu.org/csea](http://www.capcomfcu.org/csea)  
or call: 844-622-CSEA (2732)

### • Union Plus Consumer Credit & Budget Counseling

Call: 1-877-833-1745

## AUTO, HOME & BUYING DISCOUNTS

### • American Solar Partners

Visit: [americansolarpartners.com/csea](http://americansolarpartners.com/csea)  
or call: 1-914-699-3366

### • Tank Farm Propane

Visit: [tankfarmgroup.com/csea](http://tankfarmgroup.com/csea)  
or call: 1-855-976-4141



### • HEAT USA - Home Heating Oil

Visit: [heatusa.com/csea](http://heatusa.com/csea) or call: 1-888-HEAT-USA

### • NYPIRG - Home Heating Oil

Visit: [nypirg.org/fbg/csea](http://nypirg.org/fbg/csea) or call: 1-800-695-4645

### • Buyers Edge

Guaranteed low price on appliances, cars and more.

Visit: <https://cseany.org/mb>

### • AT&T

Call: 1-800-342-4146, x1359

### • Purchasing Power - Buy today and pay over time.

Visit: [cseany.purchasingpower.com](http://cseany.purchasingpower.com)

### • BJ's Wholesale Club

Visit: <https://cseany.org/mb>  
or call: 1-800-342-4146, x1359

### • New York Safety Program

Online defensive driving course.

Visit: <https://cseany.org/mb>  
or call: 1-800-942-6874

## TRAVEL & ENTERTAINMENT

### • Union Plus Travel Center

Visit: [unionplus.org/travel](http://unionplus.org/travel)

### • Car Rental Discounts

Visit: [unionplus.org/carrental](http://unionplus.org/carrental)

### • Union Plus Entertainment

Visit: [unionplus.org/entertainment](http://unionplus.org/entertainment)

### • Orlando Employee Discounts

Visit: <https://cseany.org/mb>

## HEALTH PROGRAMS

### • Union Plus Health Savings Program

Call: 1-877-570-4845

### • Davis Vision

Call: 1-800-783-3594

### • YMCA

Visit: <https://cseany.org/mb>  
or call 1-800-342-4146, x1359

## LEGAL

### • Legal Services Plan

Reduced rates on a Will, Power of Attorney, Health Care Proxy, Legal Consultation and/or Legal Document Review  
Call: 1-800-342-4146



**PAYING  
TOO  
MUCH TO  
HEAT  
YOUR  
HOME?**

# save money

The Fuel Buyers Group is partnering with CSEA to get you big savings on your heating bills! We bring a collaborative, non-profit perspective to the home energy marketplace – helping consumers save money while simultaneously helping to improve the environment.

We use collective buying power to lower your energy costs. With thousands of participants and 40 years experience, we negotiate deep discounts with trusted local suppliers. Last year, our members saved hundreds of dollars! We also offer service contract discounts and price caps to protect you from this volatile energy market - no matter how high prices go! And, as a member of CSEA your membership in the program is free!

Start saving today!  
Call us at (800) 695-4645  
or visit us online at [nypirg.org/fbg/csea](http://nypirg.org/fbg/csea)





### Take advantage of these program benefits:

- Free membership for CSEA members (regularly \$40 annually)
- Big discounts on home heating oil, kerosene, and other heating products and services
- Collective price negotiation and consumer advocacy
- 24 hour emergency service
- Price cap protection in some areas
- Budget payment plans or 30 day payment cash or credit
- Members in some parts of New York State will receive a statement credit for referrals or even just for joining!

### About NYPIRG and the Fuel Buyers Group:

The New York Public Interest Research Group Fund (NYPIRG) is a non-partisan, nonprofit, research and public education organization. Founded in 1976, we have educated hundreds of thousands of New Yorkers and recruited tens of thousands of community-based members from all parts of the state, helping to bring the voices of average New Yorkers to public policy debates. NYPIRG's full-time staff examines important issues, produces studies, and engages New Yorkers in public education campaigns designed to produce policies that strengthen democracy, enhance the rights of consumers and voters, and protect the environment and public health.

NYPIRG's Fuel Buyers Group brings a collaborative, non-profit perspective to the home energy marketplace – helping consumers to save money while simultaneously helping to improve the environment. The Fuel Buyers Group negotiates with trusted, local home heating providers using the collective purchasing power of our members to get a lower price. At the same time, membership and participation in the Fuel Buyers Group contributes to NYPIRG's environmental advocacy work.

The program is open to CSEA members year-round and we virtually all of New York State.

### To Join:

- Apply online with your CSEA ID at [nypirg.org/fbg/csea](http://nypirg.org/fbg/csea)
- For application assistance, or more information please call (800) 695-4645

# Orlando

★★★★★★★★★★★★★★★★★★★★  
Employee Discounts  
1-800-342-4146



## Exclusive Orlando Vacation Specials for CSEA Members

**[cseany.org/entertainment](http://cseany.org/entertainment)**

- Save Up To 35% On Your Orlando Vacation!
- No Hidden Fees
- No Timeshares or Presentations
- Up to 60% off rack rate at select Orlando hotels close to or on theme park property. Rates starting as low as \$48.00 per night
- Vacation Homes fully stocked and professionally decorated & most with pools, rates starting as low as \$99.00 per night
- \$50 OFF Vacation Home stays of 5 nights or more
- Orlando Employee Discounts is the Largest Wholesaler of Tickets for Orlando Area Theme Parks & Attractions.
- Family Owned and Operated Business with an A+ Rating with the Better Business Bureau.



**VACATION  
HOMES**



**THEME PARK  
TICKETS**



**HOTELS &  
RESORTS**





# YOU BELONG AT THE Y

## SAVE up to \$100

Join any of the participating YMCAs listed on the back and  
**we'll waive the joiner's fee!**

- Memberships can be activated and used at any/all participating YMCAs listed on the back.
- You must bring proof of CSEA membership, when you join, either by downloading your CSEA membership card on the "my CSEA" App or by contacting CSEA's Member Benefits Department at [member.benefits@cseainc.org](mailto:member.benefits@cseainc.org) to request a notice of membership verification to present at the participating YMCA.
- Offer valid on all Young Adult, Adult, Family and Senior memberships.
- Members are responsible for paying the monthly balance due for their membership.



## JOIN TODAY!



# PARTICIPATING YMCAs

## CAPITAL DISTRICT YMCA

### Albany Branch

616 N. Pearl St., Albany  
518.463.9622

### Bethlehem Branch

900 Delaware Ave. Delmar  
518.439.4394

### Duanesburg Branch

221 Victoria Drive, Delanson  
518.895.9500

### Glenville Branch

127 Droms Rd., Glenville  
518.399.8118

### Greenbush Branch

20 Community Way, E. Greenbush  
518.477.2570

### Greene County

35 Route 81 Hope Plaza, W. Coxsackie  
518.731.7529

### Guilderland Branch

250 Winding Brook Dr., Guilderland  
518.456.3634

### Schenectady Branch

433 State St., Schenectady  
518.881.0117

### Southern Saratoga Branch

1 Wall St., Clifton Park  
518.371.2139

### Troy Branch

2500 21st St., Troy  
518.272.5900

## LITTLE FALLS YMCA

15 Jackson St, Little Falls  
315.823.1740

## PLATTSBURGH YMCA

17 Oak St., Plattsburgh  
518.561.4290

## SARATOGA REGIONAL YMCA

### Battenkill Branch

184 Main St., Greenwich  
518.587.3110

### Corinth Branch

119 Gabriel Rd., Corinth  
518.583.9697

## Malta Branch

100 Saratoga Village Blvd. #22, Malta  
518.583.9623

## Saratoga Springs Branch

290 West Ave., Saratoga Springs  
518.583.9622

## Wilton Branch

20 Old Gick Rd., Saratoga Springs  
518.587.3000

## YMCA OF BROOME COUNTY

### Binghamton YMCA

61 Susquehanna St, Binghamton  
607.772.0560

### West Family Branch YMCA

740 Main St, Johnson City  
607.770.9622

## YMCA OF LONG ISLAND

### Brookhaven Roe YMCA Center

155 Buckley Rd., Holtsville  
631.289.4440

### Great South Bay YMCA

200 W. Main St., Bay Shore  
631.665.4255

## YMCA OF MIDDLETOWN

### YMCA of Middletown

81 Highland Ave, Middletown  
845.344.9622

### South Orange Family YMCA

45 Gilbert Street Extension  
Monroe, NY 10950  
845.782.9622

### YMCA of Sullivan County

98 Wild Turnpike  
Rock Hill, NY 12775  
845.395.1024

## YMCA OF GREATER SYRACUSE

### East Area Branch YMCA

200 Towne Dr., Fayetteville  
315.637.2025

## Downtown YMCA

340 Montgomery St, Syracuse  
315.474.6851

## Manilus YMCA

140 W. Seneca St., Manilus  
315.692.4777

## North Area Branch YMCA

4775 Wetzel Rd, Liverpool  
315.451.2562

## Northwest Family YMCA

8040 River Rd., Baldwinsville  
315.303.5966

## Southwest YMCA at OCC

4585 West Seneca Turnpike, Syracuse  
315.498.2699

## YMCA OF THE TWIN TIERS

### Olean YMCA

1101 Wayne St., Olean  
716.373.2400

### Wellsville YMCA

133 Bolivar Rd, Wellsville  
585.593.3246

## GLOW YMCA

### Genesee County YMCA

209 East Main St., Batavia  
585.344.1664

### Orleans County YMCA

306 Pearl St., Medina  
585.798.2040

### Wyoming County YMCA

115 Linwood Ave., Warsaw  
585.786.2880



# MEMBER PROGRAMS

*You've  
earned  
them.*

*Now  
enjoy  
them!*

Check out all  
**the great  
programs**  
created for  
**AFSCME**  
members and  
their families.



## **Credit Cards<sup>1</sup>**

We offer several card choices. Each card has different features, and all offer competitive rates. After three months, you may be eligible for exclusive hardship assistance grants<sup>2</sup> in times of need. Visit [UnionCardApply.com](http://UnionCardApply.com).

## **AT&T Wireless Savings**

Save 15% on the monthly service charge of qualified AT&T wireless plans through Union Plus<sup>3</sup>. AT&T is the only nationwide unionized wireless carrier. Visit [UnionPlus.org/ATT](http://UnionPlus.org/ATT) for coupon and local stores (**use Discount Code 3508840**).

## **Mortgage Program**

Buying or refinancing a home for you and your children is easy and affordable with the Union Plus Mortgage program. Unique assistance helps make mortgage payments if you're out of work. Call [unionplus.org/mortgage](http://unionplus.org/mortgage)

## **Entertainment Discounts**

Save on entertainment with discounts at more than 50 theme parks (including Disney), movie theaters, museums, zoos, and more. Call [unionplus.org/entertainment](http://unionplus.org/entertainment).

## **Flower & Gift Baskets Discounts**

Union members save 20% on hand-delivered flower arrangements, gift baskets or plants from Teleflora. 100% satisfaction guaranteed. Visit [unionplus.org/flowers](http://unionplus.org/flowers).

## **Car & Truck Savings**

Save on auto insurance, Goodyear tires and service, emergency roadside assistance, and when you buy a new or used car. Visit [unionplus.org/auto](http://unionplus.org/auto).

See more at [afscme.org](http://afscme.org)



<sup>1</sup> Credit approval required. Terms and Conditions apply. The Union Plus Credit Cards are issued by Capital One, N.A. pursuant to a license by MasterCard International Incorporated. Capital One, N.A. is not responsible for the other products/services offered in this advertisement.

<sup>2</sup> Certain restrictions, limitations, and qualifications apply to these grants. Additional information and eligibility criteria can be obtained at [UnionPlus.org/Assistance](http://UnionPlus.org/Assistance).

<sup>3</sup> Available only to current members of qualified AFL-CIO member unions, other authorized individuals associated with eligible unions and other sponsoring organizations with a qualifying agreement. Must provide acceptable proof of union membership such as a membership card from your local union, a pay stub showing dues deduction or the Union Plus Member Discount Card and subscribe to service under an individual account for which the member is personally liable. Offer contingent upon in-store verification of union member status. Discount subject to agreement between Union Privilege and AT&T and may be interrupted, changed or discontinued without notice. Discount applies only to recurring monthly service charge of qualified voice and data plans, not overages. Not available with unlimited voice plans. For Family Talk, applies only to primary line. For all Mobile Share plans, applies only to monthly plan charge of plans with 1GB or more, not to additional monthly device access charges. Additional restrictions apply. May take up to 2 bill cycles after eligibility confirmed and will not apply to prior charges. Applied after application of any available credit. May not be combined with other service discounts. Visit [UnionPlus.org/ATT](http://UnionPlus.org/ATT) or contact AT&T at 866-499-8008 for details.

# UNION MEMBER PROGRAMS

Use this handy list to access the Union Plus programs.

For details on all of the services available to you, please visit [afscme.org](http://afscme.org).

These programs are offered to union members and their families only.

PROGRAM	INFORMATION
Accidental Death Insurance	800-393-0864, <a href="http://unionplus.org/accidentinsurance">unionplus.org/accidentinsurance</a>
AT&T Discounts	<a href="http://unionplus.org/att">unionplus.org/att</a> , use Discount Code 3508840
Auto Buying Discounts	<a href="http://unionplus.org/autobuying">unionplus.org/autobuying</a>
Auto Insurance	855-666-5797, Discount code DJ7 <a href="http://unionplus.org/autoinsurance">unionplus.org/autoinsurance</a>
Budget Truck Rental	800-561-1157, use Discount # 56000127763
Car Rental	<a href="http://unionplus.org/carrental">unionplus.org/carrental</a>
Avis	800-698-5685, use Discount # B723700
Budget	800-455-2848, use Discount # V816100
Dollar	800-800-4000, use Discount Code # 3042236
Hertz	800-654-2200, use Discount # 205666
Payless	800-729-5377, use Discount PDN #A071900
Thrifty	800-847-4389, use Discount Code # 3042238
Consumer Reports Digital	<a href="http://unionplus.org/consumerreports">unionplus.org/consumerreports</a>
Credit Cards	800-522-4000 (to apply), <a href="http://unioncardapply.com">unioncardapply.com</a>
Credit Counseling	1-877-833-1745
Entertainment Discounts	<a href="http://unionplus.org/entertainment">unionplus.org/entertainment</a>
Flower & Gift Discounts	<a href="http://unionplus.org/flowers">unionplus.org/flowers</a>
Goodyear Discounts	<a href="http://unionplus.org/goodyear">unionplus.org/goodyear</a>
Health Savings Discounts	877-570-4845, <a href="http://unionplus.org/healthsavings">unionplus.org/healthsavings</a>
Homeowners Insurance	855-666-5797, Discount code DJ7 <a href="http://unionplus.org/homeinsurance">unionplus.org/homeinsurance</a>
Legal Services	<a href="http://unionplus.org/legal">unionplus.org/legal</a>
Life Insurance	1-800-393-0864, <a href="http://unionplus.org/lifeinsurance">unionplus.org/lifeinsurance</a>
Medical Bill Negotiating Service	<a href="http://unionplus.org/billnegotiator">unionplus.org/billnegotiator</a>
Mortgage Program	1-800-848-6466, <a href="http://unionplus.org/mortgage">unionplus.org/mortgage</a>
Motor Club	1-800-454-8722
Moving Discounts	<a href="http://UnionPlus.org/moving">UnionPlus.org/moving</a>
Allied	1-888-642-6814
North American	1-888-813-9595
Pet Insurance	<a href="http://unionplus.org/pets">unionplus.org/pets</a>
Real Estate Rewards	1-800-284-9756, <a href="http://unionplus.org/realestate">unionplus.org/realestate</a>
Renters Insurance	855-666-5797, Discount code DJ7 <a href="http://unionplus.org/rentersinsurance">unionplus.org/rentersinsurance</a>
Save My Home Hotline	1-866-490-5361
Scholarship	<a href="http://unionplus.org/scholarships">unionplus.org/scholarships</a>
Travel Center	<a href="http://unionplus.org/travel">unionplus.org/travel</a>





# BJ's Membership Application



## Special offer for employees of:

OPEN ENROLLMENTS: (JAN 1-14) (APR 1-14) (JULY 1-14) (OCT 1-14)

To qualify for this offer please complete this application in full, and return it to your Organization Rep at the address below. Please include a check or credit card payment for the full amount.

Organization Rep: \_\_\_\_\_ Contact Number: \_\_\_\_\_

Offer Expires: \_\_\_\_\_ Address: \_\_\_\_\_

☐ New Member ☐ Renewing Member Current Membership # (if renewing) \_\_\_\_\_

THESE PRICES INCLUDE THE TAX

Membership Level: ☐ BJ's Inner Circle® Membership \$ \_\_\_\_\_ ☐ BJ's Perks Rewards® Membership \$ \_\_\_\_\_

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ MI \_\_\_\_\_ Sex ☐ F ☐ M

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP Code \_\_\_\_\_

Phone # \_\_\_\_\_ Email \_\_\_\_\_

If you choose to receive a second Household Membership Card, please complete the following:

(Note: Household Cardholder must reside at the same address as the Primary Cardholder.)

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ MI \_\_\_\_\_

Primary Signature – I understand that I am responsible for any checks and actions of the second Cardholder.

**Please choose your method of payment.** (Sales tax may be added. Make checks payable to BJ's Wholesale Club, Inc.)

☐ Check ☐ Cash ☐ My BJ's Perks® Mastercard® ☐ Mastercard® ☐ American Express® ☐ Discover Network ☐ Visa®

Credit Card Account Number \_\_\_\_\_

Expiration Date \_\_\_\_\_ Total Charge \_\_\_\_\_

Date (Month/Day/Year) \_\_\_\_\_

BJ's Use Only

BJ's Sales Representative's Signature \_\_\_\_\_

Club # \_\_\_\_\_ Market Code \_\_\_\_\_

All BJ's Memberships are subject to BJ's current Membership Terms, ask in-Club or go to [BJs.com/terms](https://www.bjs.com/terms).

**Membership Expiration and Renewals:** Your Membership expiration date is the last day of the month and year shown on your register receipts and on your "My Account" page on BJs.com. Paid Memberships renewed within two months after expiration will be extended 12 months from the expiration date.

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# CSEA Members Celebrate Union Solidarity with AT&T

*Go union and save with AT&T*



## We stand with our union members

AT&T is the only nationwide unionized wireless provider with nearly 150,000 organized workers.

Because you are a member of a union you could save 19% on the monthly service charge of qualified AT&T wireless plans<sup>1</sup> and up to 20% off select accessories. You will also receive waived activation fees.

As the only nationwide unionized wireless carrier with a union-supported retail sales force, we wanted to show our appreciation and solidarity by sharing our best offers.

CSEA MEMBERS



SAVE

19%

To find out more, please visit your local AT&T store [www.att.com/StoreLocator](http://www.att.com/StoreLocator)

Please have proof of eligibility such as employee badge, paystub or union membership card when you go to a store.

**19% CSEA Member AT&T Discount Code: 3702323**

Available only to current members of qualified AFL-CIO member unions, other authorized individuals associated with eligible unions and other sponsoring organizations with a qualifying agreement. Must provide acceptable proof of union membership such as a membership card from your local union, a pay stub showing dues deduction or the Union Plus Member Discount Card and subscribe to service under an individual account for which the member is personally liable.

GEN. WIRELESS SVC: Subj. to Wireless Customer Agmt ([att.com/wca](http://att.com/wca)). Svcs not for resale. Deposit may be reqd. Credit approval, activ., other fees, monthly, overage, other charges, usage, other rest. apply. Pricing & terms subject to change & may be modified or terminated at any time without notice. Coverage & svc not avail. everywhere. You get an off-net (roaming) usage allowance for each svc. If you exceed the allowance, your svc(s) may be restricted or terminated. Other restrs apply & may result in svc termination.

AT&T will apply the Accessory Discount to the prices of select Accessories available through AT&T, which may be modified by AT&T from time to time. The term "Accessory" or "Accessories" means supplementary parts for Equipment (e.g. batteries, cases earbuds). The Accessory Discount will not apply to Accessories purchased for use with datacentric Equipment such as modems, replacement SIM cards, and car kits or to Apple-branded Accessories, and the Accessory. Discount may not be combined with any other promotional pricing or offer.



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**1.866.478.5548**

**WORKINST@CSEAINC.ORG**

**WWW.CSEANY.ORG/WORK**

### **OFFICE HOURS:**

**MONDAY - FRIDAY  
9:00AM - 5:00PM**

### **LOCATION:**

**CSEA WORK INSTITUTE  
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**MEMBER PROTECTION SERVICE THAT WORKS FOR YOU** If you ever receive less than superior treatment with regard to price, delivery, or service, speak to management of the vendor. If you don't get results, contact:

**Login [www.BuyersEdgeInc.com](http://www.BuyersEdgeInc.com) for more details re: hours, coverage, What's New/Specials & Giveaways.**

Note: Product coverage is constantly being improved; however some products or services may not be available in your area.

**Be prepared to give your Group # (see above) whenever you contact a participating vendor.**



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Revised: February 2018 (UpState NY)

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### Eligibility Requirements:

- You must be at least 18 years of age
- You must be actively employed for at least 9 months in either a full-time or part-time position and be a current member or retiree member of CSEA Local 1000 AFSCME AFL-CIO
- You must earn at least \$16,000 a year
- Depending on your payment method, you will be required to provide the below:
  - Payroll Deduction - You must have a bank account or credit card (to be used in case of non-payment via payroll deduction).
  - ACH - You must have a bank account for automatic withdrawals and a credit card (to be used in the case of non-payment via bank account).



**Raymour & Flanigan**  
FURNITURE | MATTRESSES •

## CSEA MEMBER SPECIAL PRICING | 18% OFF\*

Raymour & Flanigan is offering an exclusive discount to all CSEA members of 18%\* on furniture and mattresses with up to 6 months Interest Free Financing and Free Next Day Mattress Delivery for all mattress purchases over \$500.

To receive the 18% discount in the store you are visiting, you must contact **Mark Lesser**. Please see his contact information below.

### **WE LOOK FORWARD TO WORKING WITH YOU!**

Find a Raymour & Flanigan store near you.

<https://www.raymourflanigan.com/forbusiness>

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### **MARK LESSER - CSEA ACCOUNT SPECIALIST**

**PHONE**  
631.332.6811

**EMAIL**  
[mlesser@raymourflanigan.com](mailto:mlesser@raymourflanigan.com)

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### **ABOUT US**

Raymour & Flanigan is the largest furniture and mattress retailer in the Northeast. Established in Syracuse, NY in 1947, we have 104 showrooms, 36 outlet stores, 5 clearance centers as well as an established e-commerce business. We believe in supporting local communities through our many sustainability efforts, which include recycling over 99% of packaging materials, amounting to 20 million pounds of materials per year that avoids landfills. We also believe in taking care of the communities where we serve, live and work.

\*Contact Mark Lesser for the exclusions to these discounts\*



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**APPLY**  
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*"I am excited to use solar energy to power my home. It was an affordable option for my family and American Solar Partners helped us every step of the way."*

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### **CHOOSE YOUR CREDIT OPTIONS**

Earn credit through online courses or independently studying for and taking assessment exams, by completing a Prior Learning Assessment through [learningcounts.org](http://learningcounts.org), or by taking courses at another regionally accredited institution and transferring the credit.

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You'll find the application and information about transferable credit, tuition, and financial aid.



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