



Friday, May 31 – Sunday, June 2, 2024  
Olympic Conference Center  
Lake Placid, NY

# Registration Materials

**Mary E. Sullivan**  
President

**Ron Briggs**  
Executive Vice President



**Richard Bebo**  
Secretary

**Nicole Meeks**  
Treasurer



Please join us at CSEA's 2024 Statewide Conference on Occupational Safety and Health (OSH) from May 31 - June 2 at the Olympic Conference Center in historic Lake Placid, NY.

On behalf of all the statewide officers, I want to extend our gratitude to the Safety & Health Committee, and all staff within OSH for their hard work and dedication. They have developed a very thoughtful and strategic agenda of safety and health workshops for the 2024 conference. One of our union's major priorities is to do our best to ensure that our members feel safe and protected in their jobs and at their respective workplaces.

Please use the link below to get the hotel booking links, online registration and conference registration materials packet which includes important information you will need as you make your plans to join us. **Registration opens on March 15.**

You can view all of the registration materials here: [cseany.org/OSH-conference](https://cseany.org/OSH-conference).

***\*\*Please be advised that space is limited and reservations/registration will be available first come, first served.***

I look forward to seeing you there!

In Solidarity,

A handwritten signature in cursive script that reads "Mary".

Mary E. Sullivan  
President

**Mary E. Sullivan**  
President

**Ron Briggs**  
Executive Vice President



**Richard Bebo**  
Secretary

**Nicole Meeks**  
Treasurer



TO: Local and Unit Presidents

FROM: Richard Bebo, Statewide Secretary

DATE: March 2024

RE: Registration for the 2024 Statewide Conference on Occupational Safety

It's time to register for the 2024 Statewide Conference on Occupational Safety and Health!

The OSH Department and Statewide OSH Committee have prepared an exciting agenda! The agenda and registration are available online at: [cseany.org/OSH-conference](https://cseany.org/OSH-conference).

Registration will be open March 15 and will close April 24 (Please note, registration may close earlier if conference capacity is met). There will be no on-site registration. The Region and Satellite offices are available during business hours to lend equipment and assist with registration to anyone that does not have access to a computer, smart phone or tablet. The CSEA Central Files Department is also available between the hours of 9:00 AM - 4:00 PM at 518-257-1214 or 1-800-342-4146 ext. 1214.

Any member of your Local or Unit planning to attend the conference is to be registered as a "CSEA Member". Non-members are not eligible to attend.

This conference is an excellent opportunity for you to send activists who have expressed an interest or who may not usually attend conferences.

Should you have any questions, please contact the Central Files Department.

cc: CSEA Officers  
Local and Unit Presidents

**Mary E. Sullivan**  
President

**Ron Briggs**  
Executive Vice President



**Richard Bebo**  
Secretary

**Nicole Meeks**  
Treasurer



TO: Local and Unit Treasurers

FROM: Nicole Meeks, Statewide Treasurer

DATE: March 2024

RE: Reimbursement Policy: Statewide Occupational Safety and Health Conference, May 31 - June 2, 2024

The Regions, Locals, Units or individual are responsible for the expenses of the conference. The Regions, Locals and Units must use the reimbursement guidelines established by the Board of Directors. These guidelines provide **maximum** reimbursement rates; the Regions, Locals and Units must stay within the rates established but may adopt lower rates if they choose. In order for members to be reimbursed by their Region, Local or Unit, the member must have permission to attend.

The following are the policies that apply:

1. **Meal Allowances - The conference includes lunch on Saturday, June 1 and Sunday, June 2.** For all other meals, restaurant receipts are not required when meals are paid by this meal allowance method. (Meals claimed when NOT staying overnight are considered taxable income to that individual and must be reported to the individual annually on the IRS form 1099-NEC.)

**\$10.00** for **breakfast** if on Union business before 7:00 AM

**\$15.00** for **lunch** if on Union business between 12:00 PM and 2:00 PM

**\$30.00** for **dinner** if on Union business after 7:00 PM

These may be paid while en route or to cover all meals. In order to receive allowances en route, travelers must indicate their travel times on their expense vouchers.

2. Transportation - The mileage rate is 67 cents per mile. Mileage is paid to those who use their automobiles. Tolls are paid when substantiated by receipts. Because toll receipts also verify the mode of transportation, when travelers use a non-toll road, they should indicate it on their vouchers. The cost of public transportation via plane, train, bus or taxi is paid when accompanied by receipts.
3. Lodging - The hotel rates and fees are specified on our website: [cseany.org/2024-osh-hotel-selection](https://cseany.org/2024-osh-hotel-selection)

The hotels do not take individual reservations. **DO NOT CONTACT HOTELS DIRECTLY** for lodging. Each member must complete the Hotel Reservation form by **April 24, 2024**, to secure a reservation. You will receive an acknowledgement email after your reservation is submitted. A confirmation number will be sent to you 10 days prior to the conference. Payments should be received prior to the conference to maintain your reservations. If there is a need to cancel a reservation it must be received by Central Files by **April 24, 2024**. Do not contact the hotel directly with a cancellation.

**Please have your Local or Unit (depending on who is paying for your attendance) submit payment directly to CSEA to:**

Civil Service Employees Association, Inc.  
143 Washington Ave.  
Albany, NY 12210  
Attn: Finance Department

Please make the check payable to CSEA Inc. and note on the check that it is for the 2024 OSH Conference.

\*Individuals will be responsible for any incidentals and will be asked to provide a personal credit card upon check in.

4. Miscellaneous - Locals and Units have the option of providing a maximum of \$30 per overnight for expenses not specifically covered above.

cc: CSEA Statewide Officers  
Local and Unit Presidents  
P. Diana, Director of Internal Operations  
Region Directors  
Office Managers

# **FAQs**

## **Questions Regarding Attendance**

1. **Who can attend?**

All active members may attend. However, to be reimbursed for hotel and travel costs by the Local or Unit, attendees must have the approval from their Local/Unit President.

2. **Do members have to be an officer/delegate to attend the conference?**

No. The conference will provide important training for all members. Locals and Units are encouraged to send members of their safety and health committees. However, not all members are eligible for reimbursement of expenses or employee leave time.

3. **How can I find out who my Local/Unit President is to obtain permission to attend in person?**

Contact CSEA's Member Solutions Center at 1-800-342-4146 or you can log into your MemberLink account at [cseany.org](http://cseany.org) and click on My Profile.

4. **How many members can attend?**

Please be advised that registration is limited to 500 attendees, and will be first come, first served.

5. **How many members may a Local/Unit send to the conference?**

As many as it wishes to send but the Local/Unit is responsible for all costs and expenses.

6. **Will Locals/Units be reimbursed by CSEA for the costs and expenses of members attending?**

No.

7. **What are the reimbursement rates?**

Please refer to the Treasurer's Memo.

## **Questions Regarding Registration**

1. **Where can I register?**

Visit [memberlink.cseany.org/Event.axd?e=1277](http://memberlink.cseany.org/Event.axd?e=1277). Please refer to the Secretary's Memo for more information. *You must have a valid personal email on file to register properly.*

2. **What if I cannot log into MemberLink?**

Contact CSEA's Member Resource Center at 1-800-342-4146. Please have your member ID number ready.

3. **Is there a registration fee?**

No

4. **How do I register online?**

*You must have a valid personal email on file to register properly.* Once logged into your MemberLink account, choose from the events list Statewide Conference on Occupational Safety and Health. Select one topic from each time slot. Once all are selected **YOU MUST HIT THE SUBMIT BUTTON** on the bottom right-hand corner of the page. If you do not hit the submit button you will **not** be registered.

**5. Can I register by phone?**

It's best to register online but yes, if needed you can call CSEA Headquarters at 1-800-342-4146 extension, 1214 for the Central Files Department or contact them directly at 1-518-257-1214. Please have your member ID number ready. *You must have a valid personal email on file to register properly.*

**6. What is the registration deadline?**

All attendees must register before 5:00 PM, April 24, 2024. Registration to attend will close when the 500 person maximum is reached.

**7. Can I show up the day of the event and register?**

No. There will be no onsite registration. To attend the event, you must pre-register.

**8. Should I wait for my registration packet to come in the mail to register?**

No. Registration information will only be sent through emails and is on the CSEA website.

**9. Should I register for workshops or book my hotel first if attending in person?**

Register for workshops first. Having a hotel room booked will not guarantee registration. With a maximum number of 500 people, registration may be filled quickly.

**10. Will I receive confirmation once I register?**

Yes. A confirmation email will be sent.

**11. What if I do not receive confirmation for workshop registration?**

The email may take a few hours to appear. It is also possible that the submit button was not pressed and you may not be registered. Contact CSEA's Central Files Department for assistance at 1-800-342-4146, extension 1214 or 518-257-1214 during normal business hours to see if you are registered or to have the confirmation email re-sent to you.

**12. Can I view or change my workshop selections after I have been confirmed?**

Yes. You can always review your scheduled workshops in MemberLink. Visit [memberlink.cseany.org](http://memberlink.cseany.org) and log in. Click on menu item "EVENTS>LIST OF EVENTS" and then click on the event title Statewide Conference on Occupational Safety and Health. This will bring up a separate page listing of what sessions you have registered for. There is also an "Update my Registration" button on the event page which allows you to make changes. If a workshop has reached its capacity, attendees will not be able to select that workshop. There are no limits to capacity on the virtual sessions. After making any changes, please be sure to hit the SUBMIT button or the change will not go through. A second confirmation email will NOT be sent.

**13. Why are there workshops that I cannot register for?**

If a workshop is not available that means that the maximum number of attendees for that workshop has been reached.

**14. How will I know what workshops I registered for?**

You can always review your scheduled workshops in MemberLink. Visit [memberlink.cseany.org](http://memberlink.cseany.org) and log in. Click on menu item "EVENTS>LIST OF EVENTS" and then click on the event title Statewide Conference on Occupational Safety and Health. This will bring up a separate page listing of what sessions you have registered for. Those attending will have a QR code on their badge which can be scanned to see their workshop schedule.

## Questions Regarding Registration (cont.)

**15. How do I make hotel reservations?**

Do not contact the Hotels directly. Go to [cseany.org/2024-osh-hotel-selection](https://cseany.org/2024-osh-hotel-selection). Select the booking link for the hotel you would like to stay at. If a local/unit or CSEA is not covering the stay, the individual is responsible for the room charges. *Please do not make your hotel reservations prior to securing your workshop registration.*

**16. Will the hotel ask for a separate credit card at check in and place a hold on the card for incidentals?**

Yes. Each hotel has a different incidental charge policy. Most properties will place a minimum of \$10 up to \$108. This charge is for incidental charges such as room service, snack purchases, or damages. The amount will be released after your stay unless a charge is made to your room. Detailed hotel information can be found in the Hotel Reservation Information page of this packet.

**17. What if I have to cancel right before the conference due to illness?**

Please contact Beverly Schissler at Empire Travel (518) 869-0455. Please stay home. Cancellations will be worked out to the best of our ability.

**18. Will meals be served at the conference?**

A buffet lunch will be provided on Saturday and a boxed lunch will be provided on Sunday. All other meals are on your own.

**19. If I am not staying within walking distance, are there shuttles or nearby parking available?**

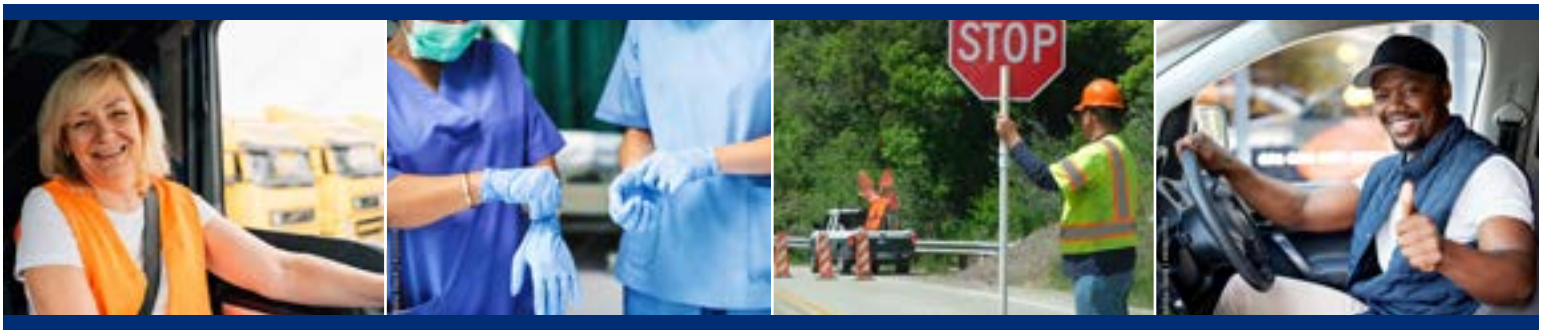
Yes. The Placid XPRSS is a free shuttle service which runs from the Ski Jumps (the Olympic Jumping Complex, along Cascade Avenue and Sentinel Road (Route 73), then along Main Street to Saranac Avenue, ending at the Outpost Plaza (Price Chopper). The route then operates in reverse back to the Ski Jumps. To view the most current shuttle schedule, scan the QR code below.



The Village of Lake Placid offers many parking options for visitors who want to explore the Olympic Center and the surrounding area. In addition to both paid and free street parking, there is a large municipal parking lot just across the street from the venue that offers both onsite payment and payment via the Flowbird App, along with EV Charging Stations. For parking information and to download the app, scan the QR code below.







# The challenges we face today have never been greater.

## What does PEOPLE do for you?

### Safeguard your work environment

- PEOPLE allows us to get laws like the Workplace Violence Prevention Act passed to ensure that your safety on the job remains a priority for your employer.
- PEOPLE protects and improves our jobs, benefits and pensions in Washington, Albany and in your community.
- By joining PEOPLE you have a direct impact on the political process and the people who represent you. Politicians will make decisions that have a great impact on you from job security to your retirement benefits. The more PEOPLE members we have, the more politicians pay attention to what we say.
- Stop by the PEOPLE Booth at the OSH Conference for more information.

**P**ublic  
**E**mployees  
**O**rganized to  
**P**romote  
**L**egislative  
**E**quality

## Make your voice heard today!

**Join**



# Placid-XPRSS Schedule

## MONDAY-SATURDAY

STOP #	STOP LOCATION	AM							PM											
1	Ski Jumps	6:31	7:14	7:50	8:25	9:10	10:00	10:45	12:00	12:48	1:37	2:15	3:05	4:05	4:52	5:28	6:40	7:22	8:02	8:40
2	Airport	6:32	7:15	7:51	8:26	9:11	10:01	10:46	12:01	12:49	1:38	2:16	3:06	4:06	4:53	5:29	6:41	7:23	8:03	8:41
3	Cascade Acres	Flag	7:16	Flag	Flag	Flag	Flag	Flag	12:02	Flag	Flag	Flag	Flag	Flag	Flag	Flag	6:42	Flag	Flag	Flag
4	Courtyard by Marriott	Flag	Flag	Flag	Flag	Flag	Flag	Flag	Flag	Flag	Flag	Flag	Flag	Flag	Flag	Flag	Flag	Flag	Flag	Flag
5	Adirondack Health Center					9:15			12:05											
6	Four Seasons Apartments	6:35	7:18	7:53	8:28	9:18	10:03	10:50	12:09	12:53	1:41	2:20	3:09	4:08	4:55	5:32	6:45	7:26	8:06	8:45
7	Stewarts-Main Street	6:40	7:21	7:57	8:32	9:22	10:08	10:55	12:13	12:58	1:45	2:25	3:14	4:12	4:58	5:36	6:50	7:30	8:10	8:50
8	Adirondack Community Church	6:42	7:22	7:58	8:33	9:24	10:10	10:57	12:15	1:00	1:47	2:27	3:15	4:13	5:00	5:37	6:52	7:32	8:12	8:52
9	Bluebird/Summit (High Peaks Resort)	Flag	Flag	Flag	Flag	Flag	Flag	Flag	Flag	Flag	Flag	Flag	Flag	Flag	Flag	Flag	Flag	Flag	Flag	Flag
10	Greenwood Apartments					9:30			12:20			2:35								
11	Cold Brook Plaza/Hannaford			8:05	8:40	9:35	10:18	11:05	12:25	1:07	1:55	2:40	3:22	4:20	5:07	5:45	7:00	7:40	8:20	9:00
12	Outpost Plaza/Price Chopper	7:00	7:30	8:10	8:45	9:40	10:23	11:10	12:30	1:12	2:00	2:45	3:28	4:25	5:12	5:50	7:05	7:45	8:25	9:05
					<b>BREAK</b>									<b>BREAK</b>						
12	Outpost Plaza/Price Chopper	7:00	7:30	8:10	8:55	9:40	10:23	11:10	12:30	1:12	2:00	2:45	3:28	4:35	5:12	5:50	7:05	7:45	8:25	9:05
10	Greenwood Apartments		7:35				10:28	11:15		1:17			3:35							
9	High Peaks Resort (Bluebird/Summit)	Flag	Flag	Flag	Flag	Flag	Flag	Flag	Flag	Flag	Flag	Flag	Flag	Flag	Flag	Flag	Flag	Flag	Flag	Flag
8	Conference Center (Arena)	7:05	7:38	8:17	9:03	9:47	10:35	11:20	12:35	1:25	2:08	2:53	3:43	4:42	5:19	5:57	7:12	7:52	8:32	Flag
5	Adirondack Health Center		7:45			9:55	10:42		12:43	1:32		3:00	4:00							
1	Ski Jumps	7:14	7:50	8:25	9:10	10:00	10:45	11:30	12:48	1:37	2:15	3:05	4:05	4:52	5:28	6:10	7:22	8:02	8:40	<b>END</b>

Stop #8 replaces the Municipal Parking Lot/Golden Arrow stops on Main Street in Lake Placid

**BREAK**

**BREAK**

**NOTE: SUNDAYS OPERATE ON A DIFFERENT SCHEDULE. PLEASE MAKE SURE YOU ARE LOOKING AT THE CORRECT SCHEDULE IF TRAVELING ON SUNDAY**

**This schedule will NOT be in effect January 12-22, 2023 during the FISU World University Games due to street closures. A revised schedule will be published for these dates**

### ABOUT THE PLACID XPRSS

The Placid XPRSS is a free shuttle service which runs from the Ski Jumps (the Olympic Jumping Complex, along Cascade Avenue and Sentinel Road (Route 73), then along Main Street to Saranac Avenue, ending at the Outpost Plaza (Price Chopper). The route then operates in reverse back to the Ski Jumps. Occasional stops are scheduled for Greenwood Apartments (Greenwood St.) and the Adirondack Health Center on Old Military Road. Trolleys are used in the summer and buses are used in the winter.

**DRIVER  
BREAK  
TIMES  
ARE NOTED  
ABOVE IN  
RED**

**FLAGGING THE BUS**  
YOU MAY FLAG THE BUS AT ANY POINT ALONG THE ROUTE **(EXCEPT ON MAIN STREET BETWEEN STOPS #8 AND #9)**. THE DRIVER WILL STOP AS LONG AS IT IS SAFE TO DO SO.

**STOPPING ON REQUEST**  
DRIVER CAN MAKE STOPS AT ANY POINT ALONG THE ROUTE AS LONG AS IT IS SAFE TO STOP.  
JUST ASK!

# SUNDAY

STOP #	STOP LOCATION	AM				PM					
1	Ski Jumps	8:25	9:05	9:47	10:35	12:00	12:48	1:35	2:25	3:15	4:05
2	Airport	8:26	9:06	9:48	10:36	12:01	12:49	1:36	2:26	3:16	4:06
3	Cascade Acres	Flag	Flag	Flag	Flag	12:02	Flag	Flag	Flag	Flag	Flag
4	Courtyard by Marriott	Flag	Flag	Flag	Flag	Flag	Flag	Flag	Flag	Flag	Flag
5	Adirondack Health Center										
6	Four Seasons Apartments	8:28	9:08	9:53	10:40	12:04	12:52	1:39	2:30	3:19	4:09
7	Stewarts-Main Street	8:32	9:12	9:57	10:45	12:08	12:58	1:45	2:35	3:25	4:14
8	Adirondack Community Church	8:33	9:14	9:58	10:47	12:11	1:00	1:47	2:37	3:26	4:15
9	Bluebird/Summit (High Peaks Resort)	Flag	Flag	Flag	Flag	Flag	Flag	Flag	Flag	Flag	Flag
10	Greenwood Apartments		9:20			12:15			2:45		
11	Cold Brook Plaza/Hannaford	8:40	9:25	10:05	10:55	12:20	1:07	1:55	2:50	3:40	4:22
12	Outpost Plaza/Price Chopper	8:45	9:30	10:10	11:00	12:25	1:12	2:10	2:55	3:45	4:27
12	Outpost Plaza/Price Chopper	8:45	9:30	10:10	11:00	12:25	1:12	2:10	2:55	3:45	4:27
10	Greenwood Apartments			10:15			1:17			3:50*	
9	High Peaks Resort (Bluebird/Summit)	Flag	Flag	Flag	Flag	Flag	Flag	Flag	Flag	Flag	Flag
8	Conference Center (Arena)	8:53	9:37	10:22	11:12	12:35	1:25	2:18	3:03	3:58	Flag
5	Adk Health Center										
1	Ski Jumps	9:05	9:47	10:35	11:30	12:48	1:35	2:25	3:15	4:05	<b>END</b>

\* No return trip

**BREAK**

Stop #8 replaces the Municipal Parking Lot/Golden Arrow stops on Main Street in Lake Placid

**DRIVER BREAK TIMES ARE NOTED ABOVE IN RED**

**NOTE: MONDAYS-SATURDAYS OPERATE ON A DIFFERENT SCHEDULE**

This schedule will NOT be in effect January 12-22, 2023 during the FISU World University Games due to street closures. A revised schedule will be published for these dates

## LAKE PLACID VILLAGE



**NOTE:** This bus/trolley service is FREE. Flagging service is available all along the route EXCEPT on Main Street between Stops #8 and #9. Just wave to flag the bus. During busy times, buses may run behind schedule.

**ROUTE DEVIATION:** Requests for a route deviation up to 3/4 mile are available with advance notice. 24-48 hours prior notice is preferred, but all requests should be made by at least 2:00pm the day before. Any deviations required on a Sunday or Monday must be made by 2:00pm on the Friday before service is required. The office is not open on major weekday holidays, so please plan your requests accordingly.

### SHUTTLE SERVICE PROVIDED BY

Essex County Public Transportation

PO Box 217, Elizabethtown, NY 12932

(800) 914-9266

Website: [essexcountyny.gov/transportation](http://essexcountyny.gov/transportation)

Email: [transportation@essexcountyny.gov](mailto:transportation@essexcountyny.gov)



# Tentative Agenda

## Friday, May 31

**11:00 a.m.**

**Registration and Exhibitors Open**

**1:30 p.m. – 2:45 p.m.**

**Breakout Sessions**

### **Preparing Your Home for Emergencies**

Many CSEA members work in a home setting. In addition to day care providers and those who assist the developmentally disabled, anyone going into a house to work should be aware of the potential hazards in it. Carbon monoxide, mold, radon, fire, and other hazards can hurt or make our members sick.

### **Tree Trimming and Logging Safety**

Tree work is very dangerous. CSEA has lost too many of our own to preventable tree-related fatalities. This workshop will be taught by CSEA members who frequently do this work. Participants will learn what is required to safely cut trees, general chain-saw safety, the logging standard, first aid, personal protective equipment and more, so you can see if your employer is compliant with safe cutting operations.

### **Work Zone Safety**

Working on or near a traveled road is statistically the deadliest job task in CSEA. Work zones do not only apply to DOT. Sewers, refuse, engineering, DPW, and other workers face traffic threats as well. If your work affects traffic, your employer must have a traffic control plan by law.

### **Safety and Health Activist**

Activists are champions in the workplace; be a champion for safety! Union representatives on the front lines are the eyes, ears, and voice of the leadership and play a key role in keeping our members safe on-the-job. Knowing what to look for and what to do may mean the difference between life and death.

### **Keeping Track of Injuries and Illnesses**

Your employer can't hide from the numbers and they can't keep them from you. Injury and exposure records that you need in your fight for workplace safety MUST be made accessible to any employee who requests it. They are legally required to provide them, and you are protected for exercising your rights to them.

### **Communicable Diseases-Lessons Learned From the Pandemic**

As we move from COVID-19 being a global pandemic, to a seasonal disease, it is important to reflect on all the knowledge we have gained and how to apply it to build a more prepared and resilient future for our workplaces, families, and our union.

**2:45 p.m.**

**Break**

# **Friday, May 31, cont.**

**3:15 p.m. – 4:30 p.m.**

## **Breakout Sessions**

### **Safety and Health Training Requirements**

Employers are required to provide safety and health training on several topics, depending on the work that is assigned. Learn how to assess what training your members are required to receive and how to advocate for the most effective and useful training possible.

### **Controlling Hazards and Picking Up the Pieces**

OSHA and PESH both require employers to control recognized hazards in the workplace. This program will explore the most effective measures to address workplace hazards as well as discuss first aid requirements and what to do if someone is hurt at work.

### **Keeping Playgrounds and Parks Safe**

Parks and playgrounds can be full of hazards. Dangerous equipment, devices, animals, insects, and weather all can ruin your day.

### **Know Your Rights, Protect Your Rights**

Attend this workshop to learn about your legal rights. What steps do you need to take to handle sexual harassment? What is involved in obtaining a reasonable accommodation? What protections do employees have if they discover their employer is breaking the law?

### **Building Power Politically to Protect Members**

From electing legislators who support your goals to passing good legislation to advance your safety and health agenda, legislation and politics impact your life every day. This workshop will discuss how you can help to improve the safety and health of CSEA members from the ballot box to legislatures in Washington, Albany, and your local government.

### **Setting up Your Union Safety Committee for Success**

New and seasoned leadership can use help. An important part of a well-organized local or unit is a strong committee structure. A union safety committee can make a big difference in ensuring a safe and healthy workplace for the members. This workshop will explore common elements of successful committees and how they can be used to help advance your safety.

**4:30 p.m.**

**Break**

**4:45 p.m.**

**Registration and Exhibits Close**

**Opening Session and  
Presentation of the William L. McGowan Award**

**Dinner on your own**

# Saturday, June 1

**8:00 a.m.**

**Registration and Exhibitors Open**

**9:00 a.m. – 10:15 a.m.**

**Breakout Sessions**

## **Workplace Solutions -- Getting Engaged**

With the current attacks on our union and public services, it is more important than ever that we mobilize workers and build power. Since June 2018, public sector members can choose whether to stay members or decline membership. Overwhelmingly, CSEA members keep choosing CSEA. Building a strong union means building from within and connecting with every new hire from day one to get involved and stay involved. Safety and Health at the workplace is an important issue to all members and is an excellent avenue to involve your membership. This workshop will discuss various resources and strategies to engage your membership and build strong long-lasting relationships.

## **The NYS DOL PESH Bureau; Your Partner in Protection**

This introductory session will educate participants about New York State's Public Employee Safety and Health Bureau. Learn the who, what, where and why of the agency that protects you as a worker. Participants will also be given an overview of OSHA / PESH training requirements.

## **Bad Behavior in the Workplace**

The thin line between bullying and workplace violence isn't always clear on-the-job. Navigating workplace conflicts is also a big challenge. There are methods and strategies that provide support for dealing with these difficult workplace situations.

## **To Thrive or Not Thrive in the Direct Care Workforce: The Impact of Stress, Burnout, and Resilience**

Direct care presents many challenges. Potentially dangerous work coupled with short staffing and overtime can quickly lead to fatigue and burnout. This program will discuss how to cope with challenges and build resiliency.

## **School Violence**

Violence in our schools is nothing new. After an amendment to the law last year, school districts are now required to comply with the NYS Public Employees Workplace Violence Prevention Law. This program will address the challenges faced in schools and what the employer must do to protect employees.

## **Emergency Action Plans; Preparing for Emergencies at Work**

Do you know what your role is in an emergency? All workers must be trained on their responsibilities when an emergency occurs. Fires, and other catastrophic events require your employer to be ready, this program will help you navigate emergency action plans.

## **Safety and Health Activist**

Activists are champions in the workplace; be a champion for safety! Union representatives on the front lines are the eyes, ears, and voice of the leadership and play a key role in keeping our members safe on-the-job. Knowing what to look for and what to do may mean the difference between life and death.

## **Labor-Management Safety Committees That Work**

The best way to deal with a workplace hazard is to cooperatively work with management as a common goal. Workplaces with effective safety committees are safer than those without them. This program will discuss what an effective labor-management safety committee looks like.



# **Saturday, June 1, cont.**

**10:15 a.m.**

**Break**

**10:45 a.m. – 12:00 p.m.**

**Breakout Sessions**

## **Workplace Solutions -- Crafting a Winning Plan**

All successful efforts start with a good plan. Learn what it takes to come up with a winning strategy to address safety and health issues at your workplace.

## **Hazards of Working in the Community**

Showing up unannounced at a client's home just to do your job opens the door to potential conflict. Home visits, seizures, and other activities in clients' homes can be very dangerous. There are methods and strategies to protect members when entering the unknown.

## **Improving Your Air Quality**

Working in a building that smells like a dank old basement stinks. Building air quality can significantly affect the performance of the workforce and can result in adverse health effects. CSEA's air quality protocol can help resolve questionable air issues in the workplace.

## **Local Government Contract Language**

To have an effective health and safety grievance, you first need contract language to base it on. Despite its rule as a mandatory subject of bargaining, safety is often ignored and needs to be institutionalized in your contract. Just any language won't do, make sure it's the right language for you!

## **Successful Labor-Management Strategies**

Working cooperatively with management is the best way to solve any workplace issue, especially safety and health issues. Before you file a PESH complaint or grievance, it is always best to exhaust labor-management. This program will discuss various strategies to address issues with management.

## **Stress, The Workplace, and You**

Stress affects almost everyone in the workplace and is what is known as a universal issue. This workshop will help you not only build coping strategies for yourself but also learn how to organize around the issue and collectively fight for a less stressful workplace.

## **Protect Your Hearing**

Your hearing is too important to lose! This program will explain how ears work, how noise can damage your hearing and what employers can do to protect their workers. You'll also learn how hearing impacts your health and what to do if you are experiencing trouble hearing.

## **Zoonosis-Animal Hazards and Work**

Animals in the workplace present many unique concerns. Working with wild and domesticated animals can expose members to infectious diseases that can jump from animals to humans. This program will explore what to look out for and what your employer should be doing.

**12:15 p.m. – 1:30 p.m.**

**Buffet Lunch / Announcements**

**1:30 p.m.**

**Registration and Exhibit Hall Close**

# Saturday, June 1, cont.

**1:45 p.m. – 3:00 p.m.**

**General Session: Your Union Your Safety**

**3:00 p.m.**

**Break**

**3:30 p.m. – 4:15 p.m.**

**Breakout Sessions**

## **Workplace Solutions -- Getting Organized**

Get organized for success! Beating the boss isn't easy, but you can do it. This program will show you how to organize for success.

## **Recognizing & Addressing Secondary Trauma & PTSD in the Workplace**

Witnessing trauma can be just as harmful and is often referred to as experiencing secondary stress. During many members' work, traumatic situations are a regular occurrence as is survivor's guilt. It is important to know the signs and symptoms of secondary stress and where to find needed help and resources.

## **The Vicious Cycle of Injuries and Addiction**

CSEA members have their backs broken every day. Members' lives are ruined by these injuries and addiction from frequently prescribed opioids. Employers can minimize the chance of getting hurt by eliminating or reducing the conditions that lead to injury. It's also important to know how prescription opioid use can lead to addiction and alternatives to ask your physician or occupational clinic about.

## **Communicating Safety to Your Members**

Communication is key- whether it is to notify members of a big win, an upcoming training opportunity or getting them involved in a safety campaign. It is important to know what tools are at your disposal in print, digital and social media resources.

## **Integrating PESH and OSHA into Your Strategic Plan**

Regulatory intervention can solve your problems or leave you with egg on your face. PESH and OSHA complaints should be utilized as a last resort and may not always have the outcome you want. Know when you SHOULD make the call, and when you may want to wait.

## **Hurt at Work, Workers' Compensation and Disability Insurance**

Workers' Compensation is a NIGHTMARE. Workers need all the help available to get through the system and back up on their feet. Those who can't return to work will need to know about Social Security Disability. Workers and their representatives need to know everything they can to get through this mess.

## **The Respiratory Protection Standard and You**

Working around infectious or hazardous materials may require respiratory protection. A lot must happen before workers can be issued a respirator. This program will discuss the employer requirements and all the steps that must be completed.

## **Workplace Violence, a 15-year RESET**

Some workplace violence programs were completed over a decade ago. Those programs may have been implemented by different union leadership and management. The workplace may have changed, but did the programs? These programs should be evolving and changing over time.



## **Saturday, June 1, cont.**

**Dinner on your own**

## **Sunday, June 2**

**9:00 a.m. – 11:00 a.m.**

**Closing Session**

**Box lunch provided**

# **Hotel Reservations Information**

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All hotel reservations **must be completed and submitted by individual members** attending the convention, **even if you are planning on sharing a room with another member.**

**Hotels do not accept individual payments. All hotel reservations made by CSEA members will be paid directly by CSEA Inc.**

**Please have your Local or Election Unit (depending on who is paying for your attendance) submit payment directly to CSEA:**

**CSEA Inc.  
143 Washington Ave  
Albany, NY 12210  
Attention: Finance Department**

Payments should be received prior to the conference to maintain your reservations. If there is a need to cancel a reservation it must be received by Central Files by **4/24/24**. Do not contact the hotel directly with a cancellation.

**Both the conference registration and the hotel registration** (if needed) must be completed to attend the conference. There is no onsite registration, and no hotel rooms will be booked after the **4/24/24 deadline**.

**Once the hotel reservation form is submitted, you will receive an email acknowledgement that you have registered for a room.**

A confirmation number will be sent to you 10 days prior to the conference.

If there are any questions, please email [OSH2024@cseainc.org](mailto:OSH2024@cseainc.org)

Please note, there is limited availability for **Thursday, May 30th** at select hotels. Contact our Central Files Department at (518) 257-1214 for reservation assistance.

# Hotel Rooms Overview

Hotel	Type of Room	Nightly rate	Incidental hold policy	Parking	Notes
<b>Crowne Plaza</b> 101 Olympic Drive, Lake Placid NY 12946	Run of House	\$259 per room per night \$292.67 Inclusive of Taxes and Service	\$20.00 flat fee. Credited day of departure	Complimentary	1 minute drive from Convention Center 4 minute walk (Very large hill) Check In: 4:00 PM/ Check Out: 11:00 AM
<b>Lake Placid Inn &amp; Suites</b> 821 Mirror Lake Drive, Lake Placid, NY 12946	Run of House	\$189 per room per night \$213.57 Inclusive of Taxes and Service	\$10.00 Incidental fee. Credited day of departure	Complimentary	1 minute drive from Convention Center/ 6 minute walk (.2 miles) Check In: 4:00 PM/ Check Out: 11:00 AM <b>2 Night Minimum Required</b>
<b>Hampton Inn &amp; Suites</b> 801 Mirror Lake Drive, Lake Placid, NY 12946	Run of House	\$252 per room per night \$284.76 Inclusive of Taxes and Service	15% Incidental Hold of Entire Stay Released upon Check Out	Complimentary	1 Minute Drive from Convention Center/ 6 Minute Walk (.2 miles) Check In: 4:00 PM/ Check Out: 11:00 AM Made to Order Breakfast Nightly Reception
<b>Grand Adirondack Hotel</b> 2520 Main Street, Lake Placid, NY 12946	Run of House	\$279 per room per night \$315.27 Inclusive of Taxes and Service	\$108.00 Flat Fee Released upon Check Out	Valet \$19.00	1 minute drive from Convention Center/ 4 minute walk (.2 miles) Check In: 4:00 PM/ Check Out: 11:00 AM <b>2 Night Minimum Required</b>
<b>Courtyard Marriott</b> 5920 Cascade Road, Lake Placid, NY 12946	Run of House	\$174 per room per night \$196.62 Inclusive of Taxes and Service	\$20.00 per night	Complimentary	4 minute drive (1.1 miles) Check In: 4:00 PM/ Check Out: 11:00 AM Breakfast is Included <b>2 Night Minimum Required</b>
<b>Best Western Adirondack Inn</b> 2625 Main Street, Lake Placid, NY 12946	Run of House	\$140 per room per night \$158.20 Inclusive of Taxes and Service	Obtain a Credit Card No Holds Placed	Complimentary	1 minute drive from Convention Center/ 2 minute walk Check In: 4:00 PM/ Check Out: 11:00 AM <b>2 Night Minimum Required</b>
<b>Mirror Lake Inn</b> 77 Mirror Lake Drive, Lake Placid, NY 12946	Run of House	\$259 per room per night \$292.67 Inclusive of Taxes and Service	\$60.00 per day	Complimentary	3 minute drive from Convention Center/ 15 minute walk Check In: 3:00 PM/ Check Out: 11:00 AM \$4.00 per person Housekeeping Fee will be added to the room.
<b>The Devlin Hotel</b> 2764 Main Street, Lake Placid, NY 12946	Run of House	\$165 per room per night \$ 186.45 Inclusive of Taxes and Service	Obtain a Credit Card No Holds Placed	Complimentary	1 minute drive from Convention Center/ 4 minute walk Check In: 3:00 PM/ Check Out: 11:00 AM <b>2 Night Minimum Required</b>
<b>Blue Bird Lake Placid</b> 2375 Saranac Avenue, Lake Placid, NY 12946	Run of House	\$169 per room per night \$ 190.97 Inclusive of Taxes and Service	\$100 Flat Fee Removed After Departure	Complimentary	2 minute Drive/ 12 minute Walk Check In: 4:00 PM/ Check Out: 11:00 AM <b>3 Night Minimum Required</b>







Local 1000 AFSCME, AFL-CIO

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Mary E. Sullivan, President  
[cseany.org](http://cseany.org)

