

## **Living Off Your Paycheck**

January 14, 6pm – 7:30pm

Hosted by the CSEA Work Institute and Balancing Life's Issues

### **Join us for this training opportunity:**

In today's financially uncertain world, with inflation rising at unprecedented rates, learning how to live frugally is more important than ever. In this course, participants will receive practical advice on how to stretch their dollars and make ends meet. We'll cover goal setting and examine how your beliefs about money

impact your saving and spending habits. Together, we'll explore debt reduction strategies, distinguish between wants and needs, and learn how to increase wealth while maximizing financial opportunities. Join us to gain the tools and mindset needed to thrive in an era of economic uncertainty.

**Registration deadline is noon the day of the event.**

**Local Government & Private Sector members, pre-register for this event by first logging in to [cseany.org](http://cseany.org) and then visiting this link:**

<https://www.csealearningcenter.org/learncenter/wregisterlg.cfm>

**State members, please call the Work Institute at [866-478-5548](tel:866-478-5548) to register.**

You will receive a Zoom registration link 48 hours before each training date.

If you have questions, please contact the Work Institute at [866-478-5548](tel:866-478-5548).

